Spring 2019 Clinical Handbook



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Article 1: Program Objectives

Section 1.01 Objectives

- 1. The curriculum will provide the student with the knowledge and skills needed to be safe and competent vocational nurses.
- 2. The curriculum will provide the student the opportunity to utilize critical thinking skills in identifying nursing/patient care goals based on individual needs and capabilities.
- 3. The curriculum will emphasize content relevant to health and nursing care of individuals and families. This collaborative process will be part of a larger community system and include other health care professionals.



Section 1.02 Progression

In order to continue in the Vocational Nursing Program, the student must pass **all** courses each semester with a grade of "C" or better before progressing to the next level.

NOTE: If a student fails one (1) nursing course and would like to retake the class the next time it is offered, the student needs to be aware that reentry will only be considered if there is an opening in the class, and the time frame for reentry falls within two (2) years, beginning at the initial date of withdrawal or failure. If the student has/will be out longer than one semester the student may be required to retake the appropriate clinical rotation and/or retake all skills tests (pass each with an 80% one attempt only) and the mathematical skills test (pass with an 90% one attempt only) after the program director has reviewed the students' clinical performance from previous semester(s) and conferred with the students' primary clinical instructor(s). The student will only be allowed to transfer twice and then if withdrawing or unsuccessful will need to apply to begin the program again. No limit on reentry when applying for beginning the program. (See also Reinstatement)

<u>NOTE:</u> If a student fails a nursing course and would like to retake the class the next time it is offered, the student needs to be aware that reentry will only be considered if there is an opening in the class, and the time frame for reentry falls within a two year period, beginning with the initial date of withdrawal or failure.

<u>NOTE:</u> After two years the student must begin at entry level and must follow entrance rules that are in place at the time of attempted reentry.

If a student is randomly tested for drugs and found positive for drugs, he/she will be required to have a second drug test done using the of hair follicle method, if available, within a 24-48 hour period. If the second drug test comes back positive for drugs, the student will be sent to the Director of Student Life for counseling. The student will not be allowed to participate in clinical or classroom settings as long as the drug screen is not clear.

Section 1.03 Duty to Report

Nursing Educational programs have the duty to report:

- > Impairment or likely impairment of the students practice by chemical dependency.
- > Impairment or likely impairment of the students practice by mental dependency.
- > Information related to criminal convictions.

Section 1.04 Professionalism

Students are expected to conduct themselves in a professional manner while in the VN Program. This includes appropriate uniform, personal conduct, appropriate conflict resolution, and following rule and procedures outlined by Hill College, the VN Nursing Program, and any host facility. Compliance with rules and regulations of the Texas Board of Nursing and Standards of Nursing and the ANA Standards are also expected. Any inappropriate professional conduct will be grounds for discipline, and may include suspension or termination from the program.

Students are expected to maintain confidentiality at all times. Information regarding any student or client shall be repeated only in the classroom or a controlled clinical setting. Refer to the clients by initials rather than by names.

Due to the potential to discuss confidential care provided to clients, or sharing of personal student information, tape recording of any type is prohibited. Posting to any public media of any information obtained during any type Hill College activity is considered a breach of confidentiality and is strictly prohibited.

While all information contained in the above listed documents is important, the student must understand the following excerpts of the information can have an immediate impact the student's ability to progress through the program:

- All written work must be submitted by college email using 12 font & New Times
 Roman or Arial type. Correct format includes APA format and doc or docx
 forms as provided.
- 2. All work must be submitted on time, with proper grammar, spelling and in properly typed format.

- 3. No Late work accepted.
- 4. Any breach of the Federal HIPAA Regulations will result in a grade of zero "0" for all work involved.
- 5. Any violation of HIPAA or confidentiality will be grounds for discipline, and may include suspension or termination from the course.
- 6. Due to the potential to discuss care provided clients, or sharing of personal student information, tape recording of any type is prohibited. This includes no phones in clinical settings or functioning phones during lecture/lab.

Posting to any public media of any information obtained during any type of Hill College activity is considered a breach of confidentiality and is strictly prohibited.

Section 1.05 Social Media

Hill College Vocational Nursing has a zero tolerance rule for social media violations. Any student found to have a violated the social media rule by the incident review committee will receive a failing grade in VNSG 1360, VNSG 1461, or VNSG 1462 and will not be allowed to progress in the program.

(Double Click on document to read)

Texas Board of Nursing 333 Guadalupe #3-460 Austin, Texas 78701



Position Statement www.bon.texas.gov (512) 305-6802 Page: 82

15.29 Use of Social Media by Nurses

With the rapidly growing use of social media sites and applications such as Facebook, Twitter, LinkedIn, YouTube, and blogs, professional obligations to patients, peers, and employers may be unclear. While the Board recognizes that the use of social media can be a valuable tool in healthcare, there are potential serious consequences if used inappropriately. Online postings may harm patients if protected health information is disclosed. These types of postings may reflect negatively on individual nurses, the nursing profession, the public's trust of our profession, as well as jeopardize careers.

Both the National Council of State Boards of Nursing (NCSBN) and the American Nurses Association (ANA) endorse each other's guidelines and principles on the use of social media in order for it to be used appropriately and without harm to patients. The benefits of social media are many, and include:

- "Networking and nurturing relationships
- Exchange of knowledge and forum for collegial interchange
- Dissemination and discussion of nursing and health related education, research, best practices
- Educating the public on nursing and health related matters" (ANA, 2012, para. 4).

However, if used indiscriminately, the risks are great, and include:

- . "Information taking on a life of its own where inaccuracies become fact
- Patient privacy being breached
- The public's trust of nurses being compromised
- Individual nursing careers being undermined" (ANA, 2012, para. 5).

In a recent survey by the NCSBN, many of the responding boards reported that they had received complaints about nurses inappropriately using social media sites. Nurses have been disciplined by boards, fired by employers, and criminally charged for the inappropriate or unprofessional use of social media (NCSBN, 2012).

To ensure the mission to protect and promote the welfare of the people of Texas, the Texas Board of Nursing supports both the guidelines and principles of social media use by the NCSBN and ANA. In keeping with the NCSBN guidelines, it is the Board's position that:

- Nurses must recognize that they have an ethical & legal obligation to maintain patient privacy and confidentiality at all times.
- Nurses are strictly prohibited from transmitting by way of any electronic media any patient-related image. In addition, nurses are restricted from transmitting any information that may be reasonably anticipated to violate patient rights to confidentiality or privacy, or otherwise degrade or embarrass the patient.

Section 1.06 White Paper: A Nurse's Guide to the Use of Social Media

Double click on the document to read

Or use the following link: https://www.ncsbn.org/Social Media.pdf



August 2011

Introduction

The use of social media and other electronic communication is increasing exponentially with growing numbers of social media outlets, platforms and applications, including blogs, social networking sites, video sites, and online chat rooms and forums. Nurses often use electronic media both personally and professionally. Instances of inappropriate use of electronic media by nurses have been reported to boards of nursing (BONs) and, in some cases, reported in nursing literature and the media. This document is intended to provide guidance to nurses using electronic media in a manner that maintains patient privacy and confidentiality.

Social media can benefit health care in a variety of ways, including fostering professional connections, promoting timely communication with patients and family members, and educating and informing consumers and health care professionals.

Nurses are increasingly using blogs, forums and social networking sites to share workplace experiences particularly events that have been challenging or emotionally charged. These outlets provide a venue for the nurse to express his or her feelings, and reflect or seek support from friends, colleagues, peers or virtually anyone on the Internet. Journaling and reflective practice have been identified as effective tools in nursing practice. The Internet provides an alternative media for nurses to engage in these helpful activities. Without a sense of caution, however, these understandable needs and potential benefits may result in the nurse disclosing too much information and violating patient privacy and confidentiality.

Health care organizations that utilize electronic and social media typically have policies governing employee use of such media in the workplace. Components of such policies often address personal use of employer computers and equipment, and personal computing during work hours. The policies may address types of websites that may or may not be accessed from employer computers. Health care organizations also maintain careful control of websites maintained by or associated with the organization, limiting what may be posted to the site and by whom.

The employer's policies, however, typically do not address the nurse's use of social media outside of the workplace. It is in this context that the nurse may face potentially serious consequences for inappropriate use of social media.

Confidentiality and Privacy

To understand the limits of appropriate use of social media, it is important to have an understanding of confidentiality and privacy in the health care context. Confidentiality and privacy are related, but distinct concepts. Any patient information learned by the nurse during the course of treatment must be safeguarded by that nurse. Such information may only be disclosed to other members of the health care team for health care purposes. Confidential information should be shared only with the patient's informed consent, when legally required or where failure to disclose the information could result in significant harm. Beyond these very limited exceptions the nurse's obligation to safeguard such confidential information is universal.

Privacy relates to the patient's expectation and right to be treated with dignity and respect. Effective nurse-patient relationships are built on trust. The patient needs to be confident that their most personal information and their basic dignity will be protected by the nurse. Patients will be hesitant to disclose personal information if they fear it will be disseminated beyond those who have a legitimate "need to know." Any breach of this trust, even inadvertent, damages the particular nurse-patient relationship and the general trustworthiness of the profession of nursing.

Federal law reinforces and further defines privacy through the Health Insurance Portability and Accountability Act (HIPAA). HIPAA regulations are intended to protect patient privacy by defining individually identifiable information and establishing how this information may be used, by whom and under what circumstances. The definition of individually identifiable information includes any information that relates to the past, present or future physical or mental health of an individual, or provides enough information that leads someone to believe the information could be used to identify an individual.

Breaches of patient confidentiality or privacy can be intentional or inadvertent and can occur in a variety of ways. Nurses may breach confidentiality or privacy with information he or she posts via social media. Examples may include comments on social

www.ncsbn.org

Section 1.07 Criminal History

If a student has a criminal history and a facility's rule prohibits the student from attending clinical, the Hill College Vocational Nursing Program is not obligated to rearrange the clinical schedule to accommodate a single student. The student will receive a Zero (0) for each day missed.

Eligibility Issues Occurring while in Health Science

Any student in a Health Science program who is arrested and charged for criminal conduct other than minor traffic violations, or who is notified of an outstanding warrant for his or her arrest for a non-traffic violation, must report the issue within 72 hours or before next clinical assignment (whichever comes first) to the Program Director and submit paperwork reflecting the arrest and charges.

Any student with pending charges for criminal conduct other than a minor traffic violation will not be allowed to attend any clinical assignment until the student provides proof of charges being cleared or state agency approval (such as a Declaratory Order). Charges are considered "cleared" when documentation is received from a law enforcement agency or court of law indicating dismissal or acquittal of all charges. Any clinical days missed will result in absences and the program's absence rule will apply. No alternative clinical assignments will be made.

The student may withdraw and reapply for admission after charges are cleared or state agency approval is received. Readmission will be considered on an individual basis. Failure of the student to disclose eligibility issues at any time will result in dismissal from the health science program.

Article 2: General Clinical Agreements

Section 2.01 Student Agreement

To all Vocational Nursing students, this handbook is being provided to you for your clinical rotation. Enclosed you will find the objectives/evaluations you will be using during your Clinical I Practical Nurse, Clinical II Practical Nurse, and Clinical III Practical Nurse rotations.

You will find the following clinical paperwork enclosed in this book (you will need to make more than one copy as needed):

- 1. Format for Pathophysiology
- 2. Nursing process priorities
- 3. Care map
- 4. Drug Cards
- 5. Process for teaching plans
- 6. Nursing Assessment Clinical Data Sheet

- 7. Adult Database
- 8. Weekly Skin Assessment
- 9. Labor Assessment Data Base
- 10. Pediatric Assessment Data Base
- 11. Newborn Assessment Data Base
- 12. Postpartum Assessment Data Base

You will find the following objectives enclosed in this book:

- 1. Autopsy
- 2. Cardiac Cath Lab
- 3. Daycare
- 4. Dialysis
- 5. Emergency Department
- 6. Family Medicine/Physician clinic
- 7. Hepatitis C Clinic
- 8. Home Health/Hospice
- 9. Infection Control

- 10. Jail/Correctional Objectives
- 11. Labor/Delivery
- 12. Laboratory
- 13. Leadership
- 14. NICU/ICU/CCU
- 15. Nursery
- 16. OB/GYN Clinic
- 17. Observation Unit
- 18. Outpatient/Day surgery /Endoscopy

- 19. Pain Clinic
- 20. Pediatrician Office
- 21. Physical Therapy/OT/ST
- 22. Radiology
- 23. Recovery Room
- 24. Respiratory Therapy
- 25. School Nurse
- 26. Surgery
- 27. WIC Women's, Infants, Children's Clinic

You will find the following general clinical information enclosed in this book:

- 1. Unsafe Students
- 2. Process reading
- 3. Communication Tools and Blocks
- 4. Therapeutic Communication
- Supervision of Medication Administration/IV Medications
- 6. Procedure of Heparin lock insertion and Medication Administration
- 7. Potential of Actual Medication Error form
- 8. Descriptive terms commonly used in charting
- 9. Skills allowed to perform in clinical setting
- 10. Attendance Verification Sheet (copy and use for Specialty area rotations)
- 11. Semester I Exit Competencies
- 12. Semester II Exit Competencies
- 13. Semester III Exit Competencies

I have read the above and have received a copy of this student agreement. I acknowledge that it will be my responsibility to read and familiarize myself with this clinical handbook and bring it with me when I attend clinical as required. I acknowledge that I must complete the exit competencies for each semester before being allowed to progress to the next level. I further acknowledge that I must have copies of clinical paperwork as needed.

Section 2.02 Clinical Information Acknowledgement

- All students will be scheduled for a clinical evaluation at the end of each semester. If the student is not present for his/her scheduled clinical evaluation or fails to sign the form he/she will be given an incomplete and will not be able to progress to the next level.
- 2. All students need to be aware it is part of their responsibility, as student vocational nurses, to seek out new learning potentials in the clinical areas. The student vocational nurse must recognizing their own strengths and weaknesses to improve or enhance their potential to learn from the experiences at all clinical sites and all clinical instructors.
- 3. Clinical grading rule:

90-100% - superior completion of clinical objectives 80-89% - above average completion of clinical objectives 75-79% - average completion of clinical objectives <75% - failure to meet minimal clinical requirements

- 4. The Hill College nursing department strives to maintain consistency in the material used so students learn all information needed to be competent student nurses', however; the student needs to be aware that not all instructors grade exactly the same. In the clinical setting there are different requirements for the various facilities i.e. Med/Surg related paperwork would not be exactly the same as OB or Pedi. Each facility will have different rules and regulations regarding what they require in the charts, it will enhance your learning experience to be exposed to the various ways of charting or the required paperwork assigned for that particular area.
- 5. If the student is going to be absent it is the students' responsibility to call in appropriately. The process for calling in appropriately is as follows:
 - a. Call the assigned clinical instructor before time due at the clinical site.
 - b. Call the facility: note who you talked to and the time you called.
 - c. If unable to call either of the above call the Hill College Nursing Department (817) 760-5921 before 6:00 am or 254-659-7920 and leave a voice mail message

Section 2.03 Clinical Absence Rule

- 1. The student is allowed to miss up to 2 clinical days with 5 points off for each 8 hours missed in Semester I and up to 2 clinical days with 5 points off for each 12 hours missed in Semesters II and III. If the student misses more than 16 hours in Semester I or 24 hours in Semester II and III the student will need to go before an absence review committee (which will be made up of 1 faculty member from each VN program, EMS director, 1 academic faculty member, the VN program director, ADN coordinator, Criminal Justice Coordinator, Fire Science Coordinator, Echocardiology Coordinator, and the Director of Nursing). If the review committee excuses the absence, the student will be allowed to makeup the time. If the committee does not excuse the absence, the absence will result in another 10 points off of the clinical grade for each absence over the initial 16 hours in Semester I and 24 hours in Semesters II and III and could result in a failure in clinical. No student will be allowed to miss more than 32 hours in clinical for Semester I and 36 hours for Semesters II and III for any reason. If the student exceeds the allowable absence they will be referred to the absence review committee with recommendation of dismissal.
- Clinical tardies: three (3) clinical tardies will constitute one absence. If the student is 5 minutes tardy to clinical, this will constitute one tardy. Correct time is based on the instructor's watch.
- 3. If the student is greater than thirty minutes late for clinical, he/she will be given a "0" on all clinical objectives for that day (refer to the clinical objectives that corresponds to the clinical level you are currently attending) and will receive a "0" on all documentation for that day. Activity/assignment for the day will be at the instructor's discretion.

4. If required clinical paperwork is not prepared and turned in to the instructor at pre-conference, the student will receive a grade of "0" for the day's documentation and receive not meets in the corresponding clinical objectives for that day.

Definitions:

Late – 1 to 4 minutes later than assigned time of arrival.

Tardy – 5 to 30 minutes

Absence – any time greater than 30 minutes past assigned time of arrival.

ABSENCE CALL-IN

Students who are going to be absent on clinical days *must* notify the clinical facility and the clinical instructor before the beginning of the assigned shift. For the student's protection, it is wise to record the name of the person at the facility who takes the message in case the message is not relayed to the instructor.

Section 2.04 Addendum to Clinical/Classroom Rules

The following are not allowed within any clinical facility:

- 1. Cell phones
- 2. Beepers
- 3. Incoming or outgoing personal phone calls unless emergency
- 4. Use of patients' telephone for personal use

The following are not allowed in the nursing classroom:

- 1. Cell phones
- 2. Beepers

Section 2.05 Unsafe Student Acknowledgement

Maintaining client safety is the overriding principle in clinical practice. Nursing faculty has the responsibility to ensure that students are providing safe care. Nursing students must function at the expected clinical level as stated in the course objectives and clinical evaluation forms. Unsafe behavior is the failure to perform in the manner that any prudent student nurse, at the same level of preparation, would perform in a particular clinical situation. Nursing faculty have the responsibility to identify student conduct and performance in the academic and/or clinical area that are unsafe, unethical, and/or unprofessional, take immediate corrective action, and provide remediation contracts, and remove from clinical setting if appropriate. Any faculty that perceives a student is unsafe will take immediate corrective action, document the incident fully, and refer the student to the program director and the Incident Review Committee (which will consist of: 1 faculty member from each VN program, EMS director, 1 academic faculty, the VN Coordinator, ADN Coordinator, Criminal Justice Coordinator, Fire Science Coordinator, Echocardiology Coordinator, and the Director of Nursing) for evaluation. The committee will then review all documentation, including student's comments, to make a determination on possible remediation contract or recommended for dismissal from the nursing program.

- Unsafe behavior includes, but is not limited to:
- Being under the influence of drugs or alcohol.
- Failure to use Standard precautions at all times.
- Failure to apply basic safety rules, such as leaving side rails down on beds and cribs.
- Failing to report an abnormal finding.
- Being unable to make sound judgments due to adversely affected thought processes and decision-making.
- Attending clinical with a possibly communicable infectious process.
- Failure to follow the five rights while administering medications.

•	And any other action or failure to act that would jeopardize client safety.

(See also <u>Duty to Report</u>)

Article 3:	Required Clinical Paperwork
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Section 3.01 Skills Allowed to Perform in Clinical Setting

Skills that may be performed by vocational nursing students in the clinical setting under the <u>direct supervision</u> of clinical instructor or preceptor:

Medication/IV Therapy:

- 1. Students must be supervised during the preparation, administration, and recording of medications.
- Students may administer percutaneous injections, oral, rectal, topical, and inhaled medications. Students must follow the six rights of medication administration, and check patient's ID band and allergies every time they administer meds or perform treatments.
- 3. Students may monitor selected intravenous infusions as determined by instructor / preceptor.
- 4. Students may add medications and hang intravenous infusions with supervision of instructor / preceptor. (IV piggyback infusions). Before the student prepares and administers these medications, the student and instructor must check the solution, orders, MAR and the medication.
- 5. Students may start IV's or saline locks under the direct supervision of the clinical instructor / preceptor according to hospital rule.
- 6. Students are **not** allowed to give IV push medications, including patient controlled analgesia pumps, with the exception of *saline* flush.
- 7. Students are **not** allowed to administer chemotherapy agents.
- 8. Students will **not** be responsible for titrating IV medications to regulate blood pressure or cardiac arrhythmias, or to administer IV drips used as sedation or as paralytic agents.
- 9. Students may **not** monitor/regulate Pitocin drips.
- 10. Students may only observe the checking and hanging of blood or blood products. They are **not** allowed to hang blood or blood products.
- 11. Students are **not** allowed to access or hang IVPB meds through central venous catheters, PICC lines, or arterial catheters, only peripheral intravenous lines under the previous guidelines.

Other Skills:

Students may (under direct supervision of preceptor):

- 1. Insert/irrigate urinary catheters and NG tubes
- 2. Provide wound care and dressing changes
- 3. Assist with CPR/code efforts
- 4. Document in the medical record with co-signature of preceptor
- 5. Perform oral, nasopharyngeal and trach suctioning
- 6. Perform drain care

Basically the vocational nursing students are able to perform skills as appropriate for new GVN's under the direct supervision of their preceptor. Please call the number provided for the nursing instructor if there are any questions. Thank you for your cooperation.

SKILLS ALLOWED TO PERFORM IN CLINICAL SETTING

Skills	Write i	n the da	ite and h	nave clin	ical insti	ructor in	itial.	EX:	1-4 KC		
1. NGT											
Feeding **											
Insertion ***											
2. Bedmaking *											
3. Handwashing *											
4. Gowning/Gloving ***											
5. ROM *											
6. Restraints **											
7. Bath/Personal Care *											
8. Pt. Positioning/Transfer *											
9. CPR *											
10. VS/Neuro Signs *											
11. Documentation ***											
12. I & O *											
13. Urinary Cath Insertion ***											
14. Urinary Collection											
DC Foley**											
Clean Catch*											
Catheter**											
1 & O*											
15. Bowel Elim.											
Fecal Impaction**											
Enemas**											
Occult Blood Test*											
Colostomy											
Bag Changes**											
Emptying**											
16. Pt. Physical Assessment*											
FSBS **											

SKILLS ALLOWED TO PERFORM IN CLINICAL SETTING

***Supervised by instruc	tor each	time	** At ins	tructors	discreti	on * (Can perf	orm inde	ependen	tly	
17. Wound Care											
Dressing Changes **											
18. Nasopharynix Suction **											
19. Trach											
Care **											
Suctioning **											
20. Drains											
Emptying & Removal **											
Hemovac											
J-P											
Penrose											
21. Chest Tubes											
Monitoring **											
22. Sutures											
Monitoring/Removal **											
Staples											
23. Packing											
Monitoring/Removal **											
Wound											
Vaginal											
Rectal											
24. SCD / AV Boots											
25. Medication Admin.											
Oral **											
Rectal											
SL											
Vaginal											
Inhalers											
Nasal											

SKILLS ALLOWED TO PERFORM IN CLINICAL SETTING

***Supervised by instruc					tion *				1 /		
Eye	\leftarrow							\leftarrow			
Ear	//							\leftarrow			
Patches	/	/_	/_	/_	/_	/_	/_	/_	/_	/_	/
NGT			/_	/_	/_	/_	/_	/_	/_	/_	
Parenteral											
ID											
SQ											
IM											
IV/PIGs											
Insertion ***											
Changing Bags **											
Changing Tubing **											
Pump/Monitor **											
IV to SL **											
IV to DCSL**											
Inhalation Therapy **											
Perform Leopold Maneuver**											
Assess FHT **											
Surgery observed											
NB Assessment **											
NB Care											
Cord**											
Circumcision **											
Vitamin K ***											
Eye Care **											
Measure/Weigh**											
Bath**											
Bulb-Syringe Suction**											
26. Observed											
Vag delivery											
C-sect delivery	1/										

Section 3.02 Grading Criteria

(Reminder; all levels)

Clinical Levels I and II

- 1. The student must receive an average of 75% or higher on each of the clinical objectives. The average of these will count as 75% of your final clinical grade.
- The student must complete all written clinical assignments. This will count as 25% of your final clinical grade.
- 3. The student is allowed to miss up to 2 clinical days with 5 points off for each 8 hours missed. If the student misses more than 16 hours the student will need to go before an absence review committee (which will be made up of 2 VN instructors, EMS director, 1 academic faculty member and the VN program director, ADN coordinator, Director of Nursing).

Clinical Levels III

- 1. The student must receive an average of 75% or higher on each of the clinical objectives. The average of these will count as 70% of your final clinical grade.
- 2. The student must complete all written clinical assignments. This will count as 20% of your final clinical grade.
- 3. The ATI Comprehensive PN Predictor first attempt will count as 10% of the clinical grade.
- 4. Students will be required to pass the PN Predictor exam with a score of 70 or above to complete the class and/or program.

If student does not pass the PN Predictor test:

- a. Student will be counseled on unacceptable scores and requirements needed to complete the class/program.
- b. Student will be required to do remediation as outlined in the matrix.
- c. Student will then retake PN Predictor test. The cost of the second exit exam will be the student's responsibility.
- d. If the student fails the second Comprehensive PN Predictor with a score of less than 70, he/she will be required to complete 2000 NCLEX questions.
- e. The student will be given an incomplete grade until requirements met.

Section 3.03 Sample Pathophysiology

(All levels)

All Clinical Levels Sample Pathophysiology

None	Dete
Name:Pathon	Date: hysiology for (Patient Initials only)
Diagnosis: (5 points)	Disease or health condition diagnosed by physician (in case of multiple diagnoses choose one. Example: (Parkinson's Disease)
Textbook Definition (20 points)	Summarize: the definition of this disease or health condition as found in your Medical Surgical Nursing, Lippincott, Taber's Dictionary or other reference. Do not include any signs or symptoms in this definition.
Textbook Signs and Symptoms (20 points)	List: signs and symptoms of this disease or health condition. If there are stages where signs and symptoms progress, label stages and list signs and symptoms for each stage. If there are differences in location or severity, label and then list signs and symptoms. Example: Congestive Heart Failure – Left-sided Failure, Right-Sided Failure.
Etiology (20 points)	List: What is/are the causes of this disease or health condition? Sometimes there are known causes, suspected causes, those at higher risk to develop this disease or health condition, contributing factors, and occasionally cause is unknown. Include all that apply.
Prognosis (10 points)	Discuss how this disease or health condition will affect the patient in ADL'S and/or length of life. Ask yourself: "What would I want to know if this were my diagnosis?"
Complication (10 points)	Discuss what could happen that could cause the disease or health condition to worsen or restrict ADL'S. Example: Surgery (what type), diabetic coma.
Diagnostic Procedures/Lab Studies (10 points)	List: how this disease or health condition is diagnosed. Example: Physical Exam, CBC, Chest X-Ray, and Endoscopy.
References (5 points)	List: References used to gather the information presented in the Pathophysiology. More than one reference is necessary. Example: Scherer, Jeanne C: Introductory Medical-Surgical Nursing, Fifth Edition. Pages 342-348
	Thomas, Clayton L., MD., M.P.H.: Taber's <u>Cyclopedic Medical</u> <u>Dictionary</u> , 17 th Edition. Pages 858-859

Section 3.04 Pathophysiology

(All levels)



Section 3.05 Adult Database

Level II & III

Section 3.06 Pediatric Assessment/Database

Pediatric Assessment Database

System Descriptors	System Descriptors	System Descriptors	System Descriptors
Neurological	Throat/Mouth:	Cough (continued)	Cyanosis (Continued)
.OC:	drooling	croupy	(jaundiced)
alert	abn. suck/swallow	productive	petechiae
oriented by age	Nose:	Retractions:	diaper rash
coordination movements	normal	suprasternal	Cyanosis
normal motor strength	(congested)	intercostal	rash
responds to commands	drainage	substernal	lesions
responds to pain only	(epistaxis)	(grunting)	pruritus
listless	CARDIOVASCULAR	(nasal flaring)	other
lethargic	Heart Rate:	GASTROINTESTINAL	Texture/Temp:
irritable	regular	Abdomen:	soft
comatose	irregular	soft	dry
uncoordinated movements	bradycardia	flat	warm hot flushed
decreased motor strength	tachycardia	full	parchment-like
ontanels: FOC	Pulse: Apical/Peripheral	distended	moist
flat/normotensive	full	firm	diaphoretic
bulging	equal	rigid	clammy
depressed	unequal	pain	cool
pulsating	strong	pain (site)	turgor
Pupils	weak	Bowel sounds	Umbilicus:
equal	thready	present: WNL	dry
reactive	Heat Sounds:	hyperactive	moist
unequal	normal	hypoactive	drainage
fixed	faint	absent	foul odor
dilated	bounding	nausea vomiting	hernia
pin point	murmur	anorexia	(reddened)
ENT	PULMONARY	flatulent	cord intact
yes:	Breath sounds:	incontinent	MUSCULOSKELETAL
symmetry asym./sym	clear	other	ROM:
tearing	equal	GENITOURINARY	normal
starry	diminished R L	Urinary:	limited
(sunken)	stridor	color conc. mucus	Joint Pain
(edematous)	wheezing	clarity	Muscle Tone:
redness	coarse	odor	isotonic
Mucous Membranes:	other	frequency	hypertonic
moist pink	Respirations:	urgency	hypotonic
dry	eupnea	dysuria	flaccid
reddened	tachypnea	incontinent	nuchal rigidity
discharge	bradypnea	distention	opisthotonic
ars:	periodic	INTEGUMENTARY	Pain
normal	apnea	Color:	—Key:
pulling/pain R L	dyspnea	pink nailbeds	= present
drainage R L	Cough:	pale	RL = circle right or left
Throat/Mouth:	absent	mottled	() = indicate severity
moist, pink	dry	flushed	1 = mild
dry	absent	Cyanosis:	2 = moderate
plaque	moist	generalized	3 = severe
bleeding	frequent	circumoral	CDI = Clean, dry & intact
other	congested	acrocyanosis	
Notes:	, 55.1,555.55	, 201 007 2110010	List and describe Ostomies, Tube Drains, and Dressings below in notes.

Section 3.07 Nursing Physical Assessment

(2 pages)

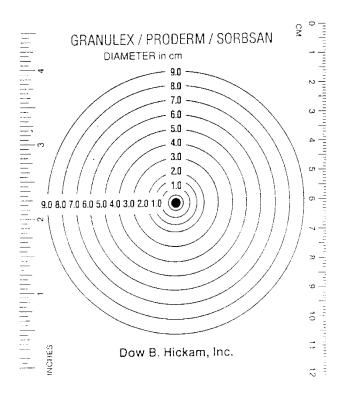


Section 3.08 Weekly Skin Assessment

SITE OF SKIN	PROBLEM:
INDICATE ON	DIAGRAM

WEEKLY SKIN ASSESSMENT

DATE	:	NURSE:				
Stage	Decubiti Only					
	ition of ounding Tissue:					
Size	in Centimeters:					
Appe	arance;	·				
Drain	age: No Yes					
	, Describe:					
Odor	: NoYes					
	Describe:					
	nation:					
Unde	rmining or Tunneling:					
Colo	:					
Treat	ment:					
Resp	onding:					
Stage I	Reddened area that does removed.	not disappear in 60 min, after pressure is				
Stage II	Destruction of cells + blister, heat, superficial skin break, extra coloration, swelling and firmness.					
Stage III	Deeper subtaneous, full skin thickness destroyed with exposed open- hole in the skin					
Stane IV	Muscle & bone are exposed and involved in the destruction process.					



Drug Cards

Student Name		Clinical Date						
Fill in the information in the white areas of the form								
Trade Name		Generic Name						
Therapeutic		Pharmacologic						
Classification		Classification						
Route		Dosage						
Frequency		Safe Dose Range						
Indications: (Include reason why patient taking med)								
Therapeutic Effects:								
Actions:								
Side Effects or Adverse Reactions:								
Life Threatening Considerations								
Nursing Considerations:								
Laboratory Considerations:								
2000,000, 7 25,15,00,00,00								
Comments and Additional Medication Information:								
References:								
Book		Author		Page#	Year			

Note: If you need to add a line if you hover over the left edge, the add line button will appear, click on it to add a line.

Article 4: General Clinical Information

Important – Please read

All Students must contact their scheduled Ancillary rotation site <u>the day before</u> their scheduled rotation to verify the time of rotation and location of the facility.

If you must miss your scheduled clinical rotation <u>you</u>

<u>must</u> notify your clinical instructor <u>AND</u> the facility you are scheduled to attend.

Every attempt has been made to ensure that all facility information is correct; the student needs to be aware that changes will occur at the above facilities without the nursing department's knowledge. At the time of publication all contact names and phone numbers are correct. If you have difficulty reaching the contact named above or the phone number has changed; please notify the nursing department. Remember if you are scheduled to attend one of the above facilities.

Note: Specialty areas have specific times of attendance.

Hill County Campus

- Family Diagnostic Med. Center
 1323 E. Franklin St, Hillsboro, TX 76645
 254-582-7481
- 2. Family Health Center 1600 Providence Dr., Waco TX 76707 254-750-8200, Lisa Brunson
- FMC Hillsboro Kidney Center 1507 Hillview Dr., Hillsboro TX 76645 254-582-5577 Contact: Krystal Rigsby, RN
- Goodall-Witcher Hospital 101 South Avenue T Clifton, Texas 76634 254-675-8322 Contact: Donna Nichols, RN CNO
- Hill Regional Hospital
 1321 East Franklin, Hillsboro TX 76645
 254-580-8951
- 6. Hillcrest Baptist Med. Center PO BOX 21146, Waco TX 76702 254-202-2000
- Hillsboro ISD
 121 E. Elm St, Hillsboro, TX 76645
 HHS: Jerry Henderson-254-582-4100 or 254-337-0055

HES: Kate Versluis- 254-582-4140 HIS: Meredith Peterson 254-582-4170 8. Dr. Suzanne Jenkins 123-A E. Elm Street, Hillsboro TX 76645

- 9. Park Plaza Nursing Home 1244 State Park Rd., Whitney TX 76692 254-694-2239, Marsha Riley, DON
- Scott and White Hospital 2401 South 31st Street Temple, Texas 76508 254-724-1244

254-582-9300

- 11. Town Hall Estates Hillsboro 300 Happy Lane, Hillsboro TX 76645 254-582-8482, June Garcia, DON
- 12. Town Hall Estates Whitney 101 S. San Marcus, Whitney TX 76692 254-694-2233, Harold Werning, Admin.
- 13. Whitney ISD PO Box 518, Whitney TX, 76692 254-694-3456, Gene Solis, Super.
- 14. WIC 123 E. Elm St, Hillsboro TX 76645 254-582-8242

Changes in progress

Johnson County Campus

Lake Granbury Medical Center 1310 Paluxy RD, Granbury TX 76048

Phone #: 817-573-2683 Contact: 817-579-2966

Glen Rose Medical Center 1021 Holden St., Glen Rose TX 76043 Phone #: 254-897-2215 Contact:Loretta Hise #254-897-1496

Hill Regional Hospital 1321 East Franklin, Hillsboro TX 76645 254-580-8951

Kindred West Health Care – Fort Worth 815 8TH AVENUE Fort Worth TX 76104 Amy Riley

Kindred Southwest – Fort Worth 7800 Oakmont Blvd Fort Worth TX 76132

Town Hall Estates (Keene Texas)
P.O. Box 588, Keene TX 76059
Phone: 817 641 9843, Director: Phylics No.

Phone: 817 641-9843, Director: Phyliss Norman

<u>Directions from Cleburne:</u> Take 67 east to FM 2280 turn left (Grundy's service station) Stay on this road, Town Hall estates is on the right side, there will be a sign that says Town Hall Estates.

<u>Directions from I-35:</u> Take 67 west to FM 2280 turn right (Grundy's service station) Stay on this road Town Hall Estates is on the right side there will be a sign that says Town Hall Estates.

Crowley Nursing Home 920 FM 1187 Crowley TX 76036 817-297-5600

Grandview Nursing Home

301 W. Criner St., Grandview TX 76050 Phone#: 817-866-3367, Contact: Barbra Lott

Colonial Manor

2035 N. Granbury St., Cleburne TX 76031 Phone: 817-645-9134, DON: Vicki Vore, LVN

<u>Directions:</u> Take Hwy 174 South turn right on Kilpatrick, turn right on Granbury St. Colonial Manor is on the left.

DIRECTIONS: From I-35 take Hwy 67 west turn right on Granbury St. You will be heading North, follow Granbury until Granbury crosses Kilpatrick, go through the red light, Colonial is on the left.

Adventure Academy– North 120 Bob White Court, Cleburne TX 76031 Phone #: 817-774-0341

Dr. Ayman Arouse, MD 201 Walls Dr. Cleburne TX 76033 (817) 641-8800 Dr. Davd Ashai Sherry Davis, LVN 1001 College Ave. Suite A Fort Worth TX 76104

American Hospice 909 W. Henderson, Cleburne TX 76033 Phone #: 817-558-4611

Cherokee Rose Manor Director of Nursing 203 Bo Gibbs Glen Rose TX 76043

Cleburne Orthopedic 2010 W. Katherine P. Raines, Suite 300 Cleburne TX 76033 Phone 817-556-3212 Contact: Blaine Farless, MD Wear Hill College Student Uniform

Cleburne Pediatrics 203 Walls Dr., Suite 103, Cleburne TX 76031 Phone #: 817-556-7610 Contact: Dr. Sharma

Cleburne Physical Therapy – South 1014 N. Nolan River Rd. Cleburne TX 76033 Phone 817-641-8617 Please wear dress clothes and white lab coats with name tags on both.

Cleburne Physical Therapy – North 2010 W. Katherine P. Raines Dr. Suite 400 Cleburne TX 76033 Phone 817-357-8006 Please wear dress clothes and white lab coats with name tags on both.

Cleburne Rehabilitation and Health Care Center 1108 W. Kilpatrick, Cleburne TX 76033 Phone #: 817-558-1841

Cleburne Surgical Center 2010 W. Katherine P. Rains Cleburne TX 76033 Phone 817-645-0811

Community Care 922 W. Pearl Granbury TX 76048

Company of the Rock House, The PO Box 253 1257 W. Kilpatrick St. Cleburne TX 76033

Community Hospice Care

1208 B. West Henderson, Cleburne TX 76031 Phone #: 817-558-8302,

DiagnoTEX, LLC 2921 Brown Trail Suite, 110 Bedford TX 76021 817-514-6271 Or 888-514-6271 VM/Pager 817-418-6211

FMC DBA: Cleburne Dialysis Annette French, RN 160 Jack Burton Rd Cleburne TX 76031 817-558-1593

Dr. W. Ray Ford 201 Walls Dr., Suite 501, Cleburne TX 76033 Phone #: 817-645-1100

Glen Rose Nursing and Rehab Brian Thomas Rick Villa 1021 Holden St. Glen Rose TX 76043

Gateway Early Learning Center, Inc. Director 10 North Caddo #134 Cleburne TX 76033 817-645-4220

Granbury ISD High School 600 W. Pearl, Granbury TX 76049 Phone #: 817-408-4609

Granbury ISD Backus Elementary 901 Loop 567 Granbury, TX 76049 Phone #: 817-408-4303

Granbury ISD Mimbrino Elementary 3835 Mimbrino Hwy Granbury, TX 76049 Phone #: 817-408-4909

Granbury ISD Middle School 2000 Crossland Rd. Granbury, TX 76049 Phone #: 817-408-4859

Emma Roberson Elementary School 1500 Misty Meadows, Granbury, TX 76049 Phone #: 817-408-4500 Contact: Cindy Langford Crossland Intermediate School 217 Jones St., Granbury, TX 76049 Phone #: 817-408-4700

Head Start 1600 W. Pearl, Granbury TX 76048 Phone #: 817-579-9134,

Hood County Jail 400 N. Gordon, Granbury TX 76048 Phone # 817-579-3316,

H.O.P.E Clinic 111 Meadowview Drive, Cleburne TX 76031 Phone #: 817/ 641-5858

Hospice House 301 Medpark Circle, Burleson TX 76028 Phone #: 817-615-2150,

Huguley Hospital 11801 South Freeway Fort Worth TX 76115 Phone: 817 293-9110

Itasca Nursing Home 409 S. Files Street Itasca TX 76055

Dr. Penelope Jackson 2214 E. Hwy 377 Granbury, TX. 76049 817-579-1005

John Peter Smith Hospital of Arlington 4400 Now York Avenue Arlington TX 76018 817-852-8500

JPS Institute for Learning (primary contract contact) CE and Learning Coordinator Christy Shepard, BBA 2400 Circle Drive Fort Worth, TX 76119 Phone: 817-920-7381

Johnson County Jail 1800 Ridgemar, Cleburne TX 76031 Phone: 817 556-6010

Phone: 817 556-6010, Contact: Kelly Burke

<u>Directions:</u> From the nursing building, take Hwy from the nursing building take Hwy 67 East – to Hwy 174 North turn right at the Dairy Queen. Go about 4-5 blocks and off to your left you can see the facility. Turn left and go thru the gates. This will put you in the parking lot. Go to the main entrance and state who you are and whom you need to see.

Kid's First Childcare 618 E. Pearl St. Granbury TX 76048 Kindred Health Care – Mansfield Neil Hays, CEO 1802 Highway 157 North Mansfield TX 76063 katrina.richard@kindredhealth.com

Lee Healthcare Pamela Parsons 907 NE Big Bend Trail Glen Rose TX 76043

Methodist Mansfield Medical Center Cynthia Carter, RN, BSN Director of Education 2700 E. Broad Street Mansfield, TX 76063 682-622-7040 office

Mission Hospice 505 N. Ridgeway Dr. Suite 173 Cleburne TX 76033 817-517-7336

Pinnacle Pain Medicine Dr. Michael Phillips 2010 N. Katherine P. Raines, Suite 500 Cleburne TX 76033

Regency Hospital Fort Worth, LLLP Bradly Irvin, CEO 6801 Oakmont Boulevard Fort Worth TX 76132

Santa Fe Trails Assisted Living and Memory Care 402 S. Colonial Dr. Cleburne TX 76033 817-202-2400

Short Family Medical Center 101 N.W. Ellison St. B Burleson TX 76028

Texas Cancer Care - Cleburne 191 Walls Dr., Cleburne TX 76033 Phone #: 817-641-1700

Texas Cancer Care - Burleson 11805 S. Interstate 35 W., Suite 201, Burleson TX 76028 Phone #: 817-551-5312,

Texas Health Resources – Harris (Primary contract contact) 1301 Pennsylvania Avenue Fort Worth, TX 76104 817-250-6003

Texas Health Resource Harris Methodist Hospital - Cleburne (HR)Employee & Occupational Health 201 Walls Drive Cleburne Texas 76031

Texas Health Resources – Walls Hospital 201 Walls Dr. Cleburne, TX 76033 817-556-7627`

Trinity Mission of Granbury 600 Reunion Court, Granbury TX 76048 Phone #: 817-573-3773, =

Venus Independent School District 10 Bulldog Drive Venus TX 76084

Vitas - Inpatient Unit (3rd Floor) Baylor All Saints Hospital 1701 W. Rosedale St., Fort Worth TX 76104

Phone #: 817-922-4570,

Hours: 7:00 am – 3:00 pm (observation only, you may assist with non-invasive procedures).

<u>Directions:</u> From Cleburne Take I-35 (north) to Fort Worth take the Rosedale Exit, turn west on Rosedale. At the light at 8th street, turn left (south). At the light on Magnolia, turn Right (west). All Saints Hospital parking lot. Go in the Southeast entrance (facing Magnolia St.). Once in the building, go left to the elevators go to the right to the inpatient hospice unit.

Dr. Brent Wallace 141 Hyde Park, Cleburne TX 76033 Phone #: 817-517-5222 ext. 101, Contact: Sharon

Section 4.02 Vocational Nursing Person Appearance

Standards for Personal Appearance Your Clinical Working Day

Our patients expect the best. Students have a responsibility to all of the patients to provide the best in health care services. To do this, here are some of your responsibilities during working day:

THE AVERAGE DAY PERSONAL APPEARANCE

Dress, grooming, and personal cleanliness standards contribute to the morale of all students and affect the professional image we present to patients, visitors, and the community. All female students are normally expected to wear hose. All students are expected to have their hair properly groomed. Male students should be clean-shaven, or should keep their beards neatly trimmed. Clean hands and fingernails are a must. Students who work with patients should not use perfume. All students shall wear shoes with quiet heels and soles at all times. Students are not to wear pins, patches, or other items unless authorized to do so under Hill College Nursing departmental policies and procedures. Students who appear for clinical inappropriately dressed or without a name badge, will be sent home and receive an absence. In the event the student continues to report to clinical inappropriately dressed, the student will be subject to further corrective action, probation and/or could include dismissal from the program if the practice continues.

Consult your clinical instructor if you have questions as to what constitutes appropriate attire.

ATTENDANCE AND PUNCTUALITY

!

To maintain a productive clinical experience the Nursing Department expects students to be reliable and to be punctual in reporting for scheduled clinical assignment. Absenteeism and tardiness place a burden on everyone.

ALL NURSING STUDENTS ARE EXPECTED TO COMPLY WITH THE FOLLOWING STANDARDS FOR PROFESSIONAL APPEARANCE THIS INCLUDES CLASSROOM, CLINICAL LAB, AND THE CLINICAL SETTINGS

Please note the following information for purposes of this dress code.

- ! All CLINICAL STUDENTS are UNIFORMED.
- ! Departmental, unit, or clinic guidelines may have additional requirements, but may not waive any of the following guidelines set forth in these rules.
- ! The only appropriate jacket is a white lab coat. (No jackets, hoodies, or coats are to be worn during classroom, clinical lab, or in the clinical setting.)

! REQUIREMENTS FOR ALL NURSING STUDENTS

Aftershave, cologne, perfume or scented lotion should not be worn in patient care areas. They may be worn in non-patient care areas provided

the scent is light and used in moderation.

Heavy scents are prohibited

BUTTON/PINS: Wear only insignias that have been approved by the Nursing Department.

CLOTHING: Clothing worn by nursing students should be neat, clean and in good

repair.

DEODORANT: Due to close contact with others, all students must wear deodorants or an

antiperspirant

GROOMING/ Daily bathing is required by all students, and hair must be

HYGIENE: shampooed regularly to promote a neat and clean appearance.

Daily oral hygiene is required.

GUM: Chewing gum is not permitted. Breath mints or breath sprays are allowed.

NAME BADGES: All students must wear an identification badge worn in the shoulder area

in an upright, readable position with photo visible at all times.

BADGES MUST BE REMOVED WHEN AWAY FROM CLINICAL SITE.

SUNGLASSES: Students do not wear sunglasses indoors.

TATTOOS: Conspicuous tattoos are not considered to be in the best interest of the

Nursing Department and are unacceptable. A tattoo can be considered conspicuous when it is visible. Methods to conceal tattoos, such as, but not limited to, makeup or bandages, <u>are not acceptable</u>. <u>THE ONLY ACCEPTABLE COVERING IS CLOTHING UNLESS APPROVED BY</u>

THE PROGRAM DIRECTOR.

(See form Appearance Rule Acknowledgment)

(See form <u>Uniform Rules Violations- Written Warning</u>)

Section 4.02.01 The Nursing Department Look For Women

CLOTHING

Student wears the uniform prescribed by the department.

UNDERGARMENTS

Students are required to wear appropriate undergarments, such as underwear, slip, and a bra at all times.

It is unacceptable for the student to wear undergarments that are visible, or visible through the outer garments.

SHOES

Shoes are polished and kept in good repair. Shoelaces are of the same color as the shoes and are tied for safety.

ALL WHITE (excluding logo) leather, or simulated leather, athletic-type or nursing shoes must be worn, unless other specific footwear is required due to the nature of the job.

HOSIERY/SOCKS

Hosiery of white color is worn to coordinate with clothing. Tops of the hosiery should not be NON-UNIFORMED visible and should be midcalf. White socks are permissible with uniforms. **Hosiery or socks are required to be worn at all times.**

RINGS: Wear small ring or wedding band on any finger limited to one ring.

WATCHES: Wear only one (1) plain watch with second hand.

JEWELRY

Bracelets: No bracelets may be worn in clinical areas.

Necklaces: A single chain not exceeding 20 inches, including a small pendant not to exceed the size of a quarter, of gold or silver may be worn inside the neckline of the uniform.

Earrings: Select matched pair(s) of small stud in lower lobe only. Only one set may be worn.

Earrings, nose rings and other body piercing jewelry <u>are not acceptable - this includes</u> tongue, eyebrow.

HAIR

A neat, natural hairstyle is an essential part of a well-groomed appearance. Students must select styles that will not fall forward over the face while performing job duties. Teasing for body or shape is kept to a minimum. Hair must be up off the shoulders (this means pulled up). No rabbit ears or braids that come forward. Hair must be worn where it falls down the back in a pony tail or up in a bun. Hair must be Pulled up in a bun in the clinical lab or in the clinical setting. Microorganisms On hair. Hair must not fall forward in any way that hair could fall on the patient or patient's linen.

•

NOT ACCEPTABLE

Extreme fashion statements such as shaving the head, radical haircuts or tinting hair in unnatural colors - blue, green, pink etc. Hair must be uniform natural colors. Not acceptable example: blonde with black underneath.

ALL STUDENTS

HAIR ACCESSORIES

Hair accessories may be worn for the purpose of preventing hair from falling forward on the face. Appropriate hair confinement is worn in areas required by law.

Barrettes, combs and hair bands may be gold, silver or any color that coordinates with hair coloring. Small white bows may be worn.

MAKEUP

Foundation: If foundation bases are worn, students should select shades

complementary to natural coloring. Application is light and well

blended in order to avoid stains on clothing.

Blushers: Blushers may be used to enhance appearance, natural tones.

Eye Makeup: Eye makeup and mascara may be used to highlight the eyes in

complimentary shades. Artificial eyelashes are discouraged, if

worn can only be of natural length and color.

Lipstick: Lipstick may be applied in colors to enhance appearance,

neutral tones.

FINGERNAILS

Fingernails are kept clean and well groomed and do not exceed one-eighth of an inch beyond the fingertip. No fingernail polish of any color may be worn.

NOT ACCEPTABLE - Acrylic or Artificial nails may not be worn.

Section 4.02.02 The Nursing Department Look For Men

CLOTHING

Student wears the uniform prescribed by the department.

UNDERGARMENTS

Students are required to wear appropriate undergarments at all times. It is unacceptable for the student to wear undergarments that are visible, or visible through the outer garments.

SHOES

Shoes are polished and kept in good repair. Shoelaces are of the same color as the shoes and are tied for safety. Must be clean and neat!

ALL WHITE (excluding logo) leather, or simulated leather, athletic-type or nursing shoes must be worn, unless other specific footwear is required due to the nature of the job.

HOSIERY/SOCKS

Socks must be worn at all times and must coordinate with clothing. Tops of the socks should not be visible and should be midcalf. White athletic socks are permissible with uniforms.

RINGS

Wear a small ring or wedding band on any limited to one ring.

WATCHES

Wear only one (1) plain watch with second hand.

JEWELRY

Bracelets: No bracelets may be worn in clinical areas.

Necklaces: A single chain not exceeding 20 inches, including a small pendant not to exceed the size of a quarter, of gold or silver may be worn inside the neckline of the uniform.

Earrings: Earrings, nose rings and other body piercing jewelry <u>are not acceptable</u> this includes tongue, eyebrow.

HAIR

A neat, natural hairstyle is an essential part of a well-groomed appearance. Students must select styles that will not fall forward over the face while performing job duties. Appropriate hair confinement is worn in areas required by law.

Facial hair must be neat and trimmed. The beard must be close cropped andtrimmed and cannot extend below the chin.

NOT ACCEPTABLE

Extreme fashion statements such as shaving the head, radical haircuts or tinting hair in unnatural colors - blue, green, pink etc. Hair must be uniform natural colors. Not acceptable example: blonde with black underneath.

FINGERNAILS

Fingernails are kept clean and well groomed and do not exceed one-eighth of an inch beyond the fingertip.

SMOKING

Prior to Clinical and during Clinical time and while in uniform – this includes use of any tobacco products or E-cigarettes.

SMOKING OR USE OF TABACCO PRODUCTS IS NOT PERMITTED!

Written Warning

Student	Student Name (printed)		
	hereby given a written warning for uniform rule violations for the fol	lowing reason(s). Another violation of	
the unif	orm rule will result in probation.		
Circle the	number of all that apply:		
1.	Hair down in face or inappropriate colors		
2.	Excessive makeup		
3.	Tattoos exposed		
4.	Excessive/inappropriate jewelry		
5.	Pant length (touching floor)		
6.	Inappropriate/visible or no undergarments		
7.	Uniforms dirty/wrinkled		
8.	Inappropriate/dirty shoes		
9.	School patch loosely secured		
	Inappropriate or missing watch		
	Missing ID badge		
	Excessive scents (perfume, lotions, colognes, body odors)		
	Sagging pants		
	Uniform too small		
	Inappropriate or no socks		
	Dangling Earrings/tongue rings/or other visible piercings		
17.	Acrylic nails or nail polish		
Student	comments:		
Instruct	or comments:		
Student	signature	Date	
la at :		D-A-	
instruct	or signature	Date	

Section 4.04 Supervision of Medication Administration Rule IV Meds

The supervision of medication administration in the clinical area is under the direct supervision of the clinical instructor or staff RN. The goal is to insure the highest quality of patient care while providing maximum learning experience.

- 1. Students will be supervised during the preparation, administration, and recording of injectable medications.
- 2 Students may monitor selected intravenous infusions as determined by the instructor.
- 3. Students may monitor solutions administered by pump infusion devices as determined by the instructor.
- 4. Students may add medications and hand intravenous infusions with supervision of instructor.
- 5. Students may prepare I.V. piggyback infusions with direct supervision. Before the student prepares and administers these infusions, the instructor must check the solution, card, Kardex, and medication vial. I.V. admixture preparations will be checked prior to administration.
- 6. Students may "start" intravenous infusions under the direct supervision of the clinical instructor or staff RN in designated clinical facilities according to hospital rule.
- 7. Students are not allowed to mix or hang hyperalimentation solutions.
- 8. Students may administer I.V. piggyback medications through a saline lock with direct supervision according to hospital procedures.
- 9. No intravenous push medications including patient-controlled analgesic pumps may be given.
- 10. Students are not allowed to administer intravenous chemotherapy agents.
- 11. Students may only observe the checking and hanging of blood and blood components. Students are not allowed to hang blood and blood components.
- 12. In specialty areas (ICU, CCU) the student will not be responsible for titrating I.V. medications to regulate blood pressure or cardiac arrhythmias.
- 13. In maternity areas (L & D) student will not be responsible for monitoring Pitocin I.V. administration.

Section 4.05 Procedure of Saline Lock Insertions and Medication Administration

1. Wash hands.

- 2. Explain procedure to the patient.
- 3. Gather equipment.
- 4. Apply tourniquet; select vein (a vein in the lower forearm is ideal as it allows maximum mobility).
- 5. Remove the intermittent infusion set from the package, cleanse the latex diaphragm with an alcohol sponge and insert the needle of the syringe containing 2 cc of NaCL and clear the tubing of the infusion set with this solution.
- 6. Cleanse the insertion site on the patient according to hospital procedure, outward in a circular motion.
- With the syringe still in place, perform venipuncture with the infusion set needle, with the syringe pull back on the plunger to confirm needle placement (blood flashback).
- 8. Release the tourniquet; tape the device securely in place. Slowly inject the remainder of the NaCL, observing for infiltration. If infiltration appears, remove present infusion set and perform venipuncture again with a new infusion set.
- 9. Remove syringe from diaphragm when venipuncture is successful.
- 10. Cover with a sterile 2x2 or Band-Aid. Coil the tubing on top of the cover dressing and tape in place, leaving the latex diaphragm exposed.
- 11. Label the I.V. site with date, time, size of infusion set used and your initials.
- 12. If first dose of medication is to be given:

HILL COLLEGE MEDICATION GUIDELINES DO NOT ALLOW STUDENTS TO PUSH MEDICATIONS, BUT THIS IS THE PROCEDURE FOR DOING SO.

a. I.V. Push Medication

- 1. Cleanse the latex diaphragm with an alcohol sponge.
- 2. Insert the medication syringe needle into the diaphragm, being careful not to puncture the tubing. Slowly inject the medication into the diaphragm, again observing for infiltration.

b. I.V. Drip Medication

- Insert administration set or volutrol set into Medication bag or bottle as instructed in I.V.P.B. guidelines. Attach a 22 or 23 gauge needle to the administration set.
- 2. Cleanse the latex diaphragm with an alcohol sponge and insert the tubing needle into the diaphragm being careful not to puncture the tubing.
- 3. Open roll and regulate drip rate.
- 13. If no medication is to be given, flush with saline immediately and every eight hours.
- 14. Teach the patient regarding keeping the site dry, taking caution not to bump or lie on needle. Instruct patient to report any swelling or pain or bruising at site.
- 15. Check the integrity of the saline lock each time before giving medications.
- 16.IV site change frequencies vary with individual hospital policies. Most policies state that sites should be changed at least every 72 hours.
- 17. Charting information should include: insertion procedure size and type of needle, the site used, reactions of the patient, teaching done, condition of the site, care of the site daily.

NO VOCATIONAL NURSING STUDENT CAN ADMINISTER ANY MEDICATION THROUGH A PICC LINE OR CENTRAL CATHETER PER THE TEXAS BOARD OF NURSING

Section 4.06 Potential or Actual Medication Error

- 1. An institutional incident report should be made out when the student is injured while in the clinical area.
- 2. In the event of unusual occurrences involving a student, and/or patient, the following procedure should be followed:
 - a. Notify the clinical instructor and the nurse in charge of the clinical area where the incident occurred.
 - b. Complete incident report form with the assistance of the instructor.
- 3. An unusual occurrence may include such things as a medication error, patient injury witnessed by a student, and/or student injury.

(See form Potential or Actual Incident Report)

Section 4.07 Clinical Probation

Vocatio	onal Nursing students are involve	ed in instruc	tion, which may involve t	he comfort, health	and
wellbei	ng of others. It is essential that	at all clinica	I instruction be carried of	out in accordance	with
accept	ed nursing standards. In the o	opinion of t	he clinical instructor,		and
Coordi	nator/Director	, the st	udent	, warranted clir	nical
probati	on in accordance with the followi	ng rules:			
1.	The student will be warned verba	ally of the d	eficiency.		
	Date of Warning:		-		
2.	The student will receive written r	notification o	of the cause and terms of	probation.	
	Cause:		-		
	Terms:		-		
3.	The student will be counseled b acceptable level.	y the instru	ctor in an attempt to impr	ove performance to	o an
	Date of Counseling:				
4.	The probation period will be for a	a specified p	period of time.		
	Probation period:				
5.	The student will be reevaluated	at the end o	f the probation period.		
	Reevaluation date(s):				
correct	ency is corrected, the student wed or is violated, the student will onary placement is unwarranted,	be dismisse	ed from the nursing progra	am. If the student f	
Vocation	onal Nursing Student		Date		
Coordi	nator/Director of Vocational Nurs	 ing	Date		

Section 4.08 Clinical Counseling Form

Counseling Form		
Clinical Performance		
Situation:		
Instructor's Signature	Date	
Student's Comments:		
Student's Signature	Da	te

Section 4.09 Student Evaluation Form

Stude	ent l	Name:Ro	oom #	Date:_	
	_				
1.	_	tient care Care complete		. Yes	_No
	b.	Care organized		. Yes	_No
	c.	Communicates well with the nurse about ca	re given	. Yes	_No
	d.	Patient room: Neat, safe		. Yes	_No
2.	Do a.	ocumentation Complete, concise, timely		. Yes	_No
	b.	Entry every two hours		. Yes	_No
	c.	Legible and signed		. Yes	_No
	d.	Addressed any needed nursing diagnosis/p	roblem	. Yes	_No
3.		sessment Complete, concise		. Yes	_No
	b.	Problems documented professionally		. Yes	_No
4.		edications Administered, timely and safely and docume	ented	. Yes	_No
	b.	IV monitored and documented		. Yes	_No
5.		ofessionalism Appropriate attire		. Yes	_No
	b.	Professional behavior		. Yes	_No
	c.	Maintains sterile/clean techniques		. Yes	_No
Comr	nen	ts: (please make a general statement)			
Prima	ary r	nurse signature	Student nurs	e signatuı	e e

Section 4.10 Clinical Facility Evaluation Form

Facility:		Course and #	
,			
	Semester/Year:		

In order to evaluate the effectiveness of the facilities used for the clinical component of your education, please take the time to give us your opinion as to the effectiveness of the facility in the following areas:

Circle the number that best represents your opinion.

1.	Adequate parking facilities were available.	Agre	ee		Disag	ree
2.	Adequate secured area to store purses, books, and coats was available.	1	2	3	4	5
3.	Adequate area for pre/post conferences was provided.	1	2	3	4	5
		1	2	3	4	5
4.	Nursing staff was helpful in offering learning experiences.	1	2	3	4	5
5.	Nursing staff served as professional role models.	1	2	3	4	5
6.	Nursing staff encouraged communication and questions.	1	2	3	4	5
7.	Nursing staff provided recognition and feedback to students.	1	2	3	4	5
8.	Clinical use of nursing diagnosis/care planning was compatible with classroom instruction.	1	2	3	4	5
9.	Adequate learning experiences were available to meet clinical course objectives.	1	2	3	4	5
10.	Client care delivery system promoted organization of care.	1	2	3	4	5
11.	Medication delivery system was conducive to student participation.	1	2	3	4	5
12.	Overall, the facility offered adequate learning experiences.	1	2	3	4	5

Please place additional comments on back.

Article 5 Clinical Documentation Tools

Section 5.01 Preparation for Clinical

Consult procedure manual for any procedure you have not done in THIS hospital before, i.e. foley care, heparin flush, etc.

Research each patient's diagnosis (All), problems, tests, treatment, paraphernalia, traction, roto-rest bed, tube feeding, set-up, etc.). Use texts, hospital library, journal articles; lecture notes from throughout the curriculum and other references from the school library.

Cover all areas in making your preliminary care plan for each patient:

Meds Diet/Tube Feeding/Hyperalimentation

Treatment Tests

IV's Equipment Care and Use

Communication Growth and Development Aspects

Safety Level of Activity
Rest Tubes and Lines

Elimination Assistance with ADL/Hygiene

Teaching Psychosocial needs

Consider areas of needed assessment

Have everything ready the night before (make lunch, get gas in car, kids' stuff ready, polish shoes, iron uniform, etc.). Leave whatever you need to take with you by the front door where you have to trip over it on your way out – then you cannot forget it.

GET A GOOD NIGHTS SLEEP

Remember to take your sense of humor with you!

Section 5.02 Clinical Reminders

- 1. Does following on unit:
 - a. Introduce self to nurse in charge of patient or Head Nurse.
 - b. Introduce self to patient with explanation of what he/she is to do at all times.
 - c. Identify self, patient and room number when seeking help.
- 2. Organizes care daily.
- 3. Seeks out instructor when needed.
- 4. Looks for skill/check-off in all assigned areas.
- 5. Monitors safety of patients and self:
 - a. Has the bed in a comfortable working level.
 - b. Lowers bed level when patient care is complete.
 - c. Puts the side rails down when giving patient care.
 - d. Puts the side rail up when patient care is complete.
 - e. Checks catheter tubing to be sure it is patent following regulations of side rail.
 - f. Places signal or call bell within the patient's reach when care is complete.
 - g. Leaves waste paper basket, water pitcher, and the bedside table with phone and/or personal articles within reach when care is completed.
 - h. Offers oral hygiene prior to or after breakfast, combs the patient's hair.
 - i. Checks IV tubing and/or catheter tubing when turning a patient to be sure it is patent.
 - j. Asks patient, "Is there anything more I can do for you?" when care is completed.
 - k. Reports immediately any abnormal assessments found during patient care or may need to ask for verification of finding at once.
 - I. Washes hands after patient care. Uses gloves as instructed during patient care.
- 6. Does not spend time talking (socializing) with nursing personnel or other students in area.
- 7. Stays with the patient when the physician comes into the room.
- 8. Collects terminology each day of patient related tests, treatments, drugs, etc.
- 9. Checks patient's identification wrist band and identifies allergies before giving medications or performing a procedure.
- 10. "Does not talk too much"; instead of using communication as a mechanism of understanding the patient's verbal and nonverbal conversation.

- 11. Make certain the patient has plenty of water before giving a medication.
- 12. Calls for the instructor to come for a skills/check-off.
 - a. Reviewed the procedure manual.
 - b. Gathered all needed materials.
 - c. Planned for patient privacy.
 - d. Been aware of any breaks in technique.
 - e. Planned on what assessment is needed for charting.
- 13. Keeps only appropriate equipment on bedside table, e.g., no urinals.
- 14. Assists patients to eat.
- 15. Avoids saying to patients:
 - a. "This is the first time I've done this."
 - b. "I've never seen an incision like this."
 - c. "It's been a long time since I've done this."
 - d. "My goodness, what happened to you? I've never seen anything like this."
 - e. "Oh, my you must have something horribly wrong with you."
 - f. "I've never done this before."
 - g. "I really don't think this will help you."
 - h. "I'm just a student, but I think I know how to do this."

Section 5.03 Chart Review

The following guidelines should help you with preparing yourself for a clinical experience:

- 1. Your time is valuable and you should not be spending more than 10-15 minutes on each patient chart.
- 2. Begin with reviewing the doctor's orders; this provides you with a legal basis for delivering nursing care.
- 3. Always consult the admitting orders first, followed by the daily updates.
- 4. If your patient has surgery/delivery, remember that all preoperative orders were canceled.
- 5. Pay particular attention to medication orders and intravenous fluid orders.
- 6. Check the patient information sheet next for age, sex, religion, etc.
- Quickly read over the doctor's history and physical if the chart has one. (In teaching hospitals, there may be several versions of the History and Physical residents, medical students and interns. Choose the one that is the legible to read. They basically say the same thing. You do not need to read all of them.
- 8. Elicit from the History and Physical the chief complaint and the admitting diagnosis—not important. Focus on the system review from the system(s) that would be most affected by the chief complaint. For example, if the patient was admitted for shortness of breath, focus on the cardiac and respiratory systems. OB patients focus on Prenatal, Labor and Delivery, immediate postpartum recovery room, and postpartum. Note the status of the newborn.
- 9. Next read the doctor's progress notes from the past several days. If the patient had surgery, be sure to read the operative report in the progress notes.
- 10. After you have digested the information from the doctor's section, read the nursing history and assessment and the past twenty-four and forty-eight hours of nurse's notes.
- 11. If the patient is having laboratory tests done on a frequent basis to monitor disease progress such as protimes and CBC's, check the laboratory reports. Sometimes you will find this information incorporated in the progress notes. Medical students are supposed to put it there.
- 12. Finally, if the patient has had major diagnostic tests such as a CAT scan or a gall bladder series, read the results of the studies. Don't necessarily focus on understanding every word of the report, but do comprehend the findings.
- 13. If your hospital includes daily medication records in the chart, you will also need to review them at this time. Make sure that what is ordered in the doctor's orders is reflected in the medication records.
- 14. Last but not least, do not be hesitant to ask one of the staff nurses about your patient. He/She may confide in you that she hasn't read the chart other than the doctor's orders. However, he/she may have attended rounds with the physicians and will be able to give you insight from that aspect.
 - Don't forget to consult the nursing Kardex also for pertinent information regarding the car of your patient. But remember, for legal purposes, the information that is in the chart is what must guide your actions.
 - These fourteen suggestions are intended to help you with efficient use of your valuable time. There are times; for example, with patients that have been hospitalized for a long time or have very complicated problems that fifteen minutes will not be adequate. You will have to be the judge of that.

Section 5.04 Descriptive Terms

TABLE OF DESCRIPTIVE TERMS (NEVER USE TERM NORMAL)

CONCERNING	FACTOR TO BE CHARTED	SUGGESTED TERMINOLOGY
ABDOMEN	Large and extends outward	1. Enlarged-protruding
	2. Black and blue marks present	2. Ecchymosed
	3. Hard, boardlike	3. Hard, rigid
	4. Soft, flabby, flat	4. Relaxed, flaccid, flat
	5. Hurts when touched	5. Sensitive to touch
	6. Appears swollen, rounded	6. Distended
	7. Presence of rash	7. Rash present (mild, severe)
	8. Scars present	8. scars present (describe length/location)
Amounts	1. Large amount	Profuse, copious, free, excessive measured
	2. Moderate amount	amount
	3. Small amount	2. Moderate, usual, measured amount
		3. Small amount, scanty, slight, measured amount
Appearance	Thin and undernourished and wasted	Emaciated, debilitated
	2. Fat, greatly overweight	2. Obese
	3. Seems very sick	3. Acutely ill
	4. Not very sick	4. Not acutely ill
Appetite	Very fussy about food-refuses to eat many	Has very definite likes and dislikes concerning
	foods	food
	2. Refuses to eat	2. Refused food (state reason)
Arm	Shoulder to elbow	Upper arm (right or left)
	2. Elbow to wrist	2. Lower arm, forearm
	3. Right arm artificial	3. Right prosthesis
Attitude, Mental	1. Hard to please	Irritable, fault-finding
	2. Distrustful	2. Suspicious
	3. Нарру	3. Optimistic
	4. Afraid	4. Apprehensive, anxious
	5. Sad	5. Depressed, moody
	6. Loss of Memory	6. Amnesia
	7. Has "don't care" attitude	7. Apathetic
Back areas:	1. Upper back	Interscapular region, shoulder area
	2. Small of back	2. Lumbar region
	3. End of spine	3. Sacral region
	4. Gluteal area	4. Buttocks
	5. Hump back	5. Kyphosis
	6. Sway back	6. Lordosis
	7. Lateral curvature	7. Scoliosis

Belch	1. Belching	1. Eructation
Breathing	Act of breathing	1. Respiration
	2. Difficult breathing	2. Dyspnea
	3. Short period when breathing ceases	3. Apnea
	4. Inability to breathe lying down	4. Orthopnea
	5. Normal breathing	5. Eupnea
	6. Rapid breathing	6. Hyperpnea
	7. Increasing dyspnea with periods of apnea	7. Cheyne-stokes respirations
	8. Large volume of air inspired	8. Deep breathing
	9. Small volume of air inspired	9. Shallow breathing
	10. Abnormal variations in rhythm	10. Irregular respirations
	11. Noisy breathing	11. Stertorous
	12. Other descriptive terms	12. Quite, sighing, gasping, rapid, shallow, costal,
	·	noisy, audible
Color	1. Colorless	1. Clear
	2. Resembling clay	2. Clay colored
	3. Looks same as tar	3. Tarry
	4. Tinged with blood	4. Blood tinged
Consistency	Retains its shape	1. Formed
,	2. Watery	2. Liquid
	3. Thick, sticky or glue-like	3. Concentrated, tenacious, viscid
	Containing or resembling mucous	4. Mucoid
Cough	Coughs all the time	Continuous cough
	Coughing over long period of time	Persistent cough
	Coughs up material	3. Productive cough
	Occurring in spasms	Spasmodic cough
	Coughs quire frequent	5. Frequent cough
	Coughs that does not produce material	6. Non-productive cough
	from lungs	7. Tight, loose, deep, dry, hacking, harsh, painful,
	7. Self-explanatory types of cough	rasping, explosive, shallow, exhaustive
Consciousness	Fully conscious, aware of surroundings	1. Alert and oriented
001100100011000	2. Only partly conscious	2. Semi-conscious
	3. Unconscious, but can be aroused	3. Stuporous
	4. Unconscious, cannot be aroused	4. Comatose
	5. Pretended unconsciousness	5.Feigned unconsciousness
Convulsion	1. Continuous shaking	1. Tonic tremor
Convulsion	Shaking with intervals of rest	2. Clonic tremor
	Straking with intervals of rest Began without warning	3. Sudden onset
	4. Of hearing	Sudden onset Auditory hallucination
	5. Of smell	S. Olfactory hallucination
	6. Of taste	Gustatory hallucination Gustatory hallucination
	7. Of sight	7. Visual hallucination
Defenction		
Defecation	Bowel movement (material)	1. Feces, stool
	2. Bowel movement (act of)	2. Defecation

Matari from nass	1 Con/70
-	1. Coryza
	2. Purulent
•	3. Sanguineous
	4. Fecal
· · ·	5. Serous
·	6. Mucopurulent
-	7. Tenacious
	1. Pale
. Pink	2. Flushed
	Presence of rash, acne
· · · · · · · · · · · · · · · · · · ·	Pocked marked
	5. Anxiety, defiance, anger, pain, boredom, fear,
• •	worry happiness, apathy, sorrow, dissatisfaction
. Presence of rash	
. Scars present	
. Reddened spots or areas caused by	Pressure areas present excessive, measured
pressure or friction	amount
. Gas in digestive tract	1. Flatus
. Hives	1. Urticaria
. Itching	2. Pruritis
. Blue in color	1. Cyanotic
. Great pain	1. Severe
•	2. Slight
. Comes in seizures	3. Paroxysmal, spasmodic
. Spreads to distant areas	4. Radiating
. Started all at once	5. Sudden onset
. Hurts all at once	6. Increased by movement
. Other descriptive terms	7. Sharp, sudden, darting, cramping, shooting, burning, stabbing, persistent, transient, constant, shifting, localized, deep superficial
Of the muscles of the face	Facial paralysis
	Paraplegia
-	3. Hemiplegia
· · · · · · · · · · · · · · · · · · ·	4. Monoplegia
-	
	5. Quadriplegia
-	6. Profuse, excessive, diaphoresis
	7. Scanty
. Presence of	1. Diaphoresis
. Large amount	2. Profuse, excessive
. Small amount	3. Scanty
. Continued excessive amount	4. Diaphoretic
. Flat on back, arms straight at side	1. Horizontal
. On side, knees flexed	2. Lateral
. On left side, left arm behind back,	3. Sim=s
. Off fort side, fort affir befilled back,	5. S 5
eft leg slightly flexed, right leg greatly flexed	4. Fowler=s
	Reddened spots or areas caused by pressure or friction Gas in digestive tract Hives Itching Blue in color Great pain Little pain Comes in seizures Spreads to distant areas Started all at once Hurts all at once Other descriptive terms Of the muscles of the face Of the legs Of one side of the body Of a single limb Of all 4 limbs Large amount Small amount Presence of Large amount Continued excessive amount Flat on back, arms straight at side On side, knees flexed

Pulse	Beats missed at intervals	1. Intermittent
i uise	Very rapid, beats indistinct	2. Running
	3. One scarcely perceptible	3. Thready
	4. Small, rapid and tense	4. Wiry
	5. Cannot be felt	5. Imperceptible
	6. With excessive recoil wave	
		6. Dicrotic
	7. Rapid, quite distant beats	7. Pounding, bounding
Respiration	1. Above 25 respirations/minute	1. Accelerated
	2. Snoring	2. Stertorous
	3. Other descriptive terms	3. Quiet, sighing, gasping, rapid, shallow, deep, costal, audible, noisy, abdominal
Scalp	Covered with dandruff	Dandruff present
	2. Covered with scales	2. Scaly
	3. Lice found	3. Pedicule present
	4. Baldness	4. Alopecia
Sensation	Descriptive terms	Tingling, burning, stinging, prickling
Skin	1. Normal	1. Healthy
	2. Pink, Hot	2. Flushed
	3. Blue in color	3. Cyanotic
	4. Very white	4. Extreme pallor, pale
	5.Shines	5. Glossy
	6. Raw surface	6. Excoriation
	7. Yellow in color	7. Jaundiced
	8. Torn	8. Lacerated
	9. Cold and moist	9. Clammy
	10. Birthmarks	10. Nevi
	11. Wart	11. Verruca
	12. Boil	12. Furuncle
	13. Other terms	13. Mottled, discolored, moist, dry, hot, cold, warm,
	14. Indicate presence of:	oily, broken, calloused, wrinkled, tight, coarse, of fine texture, tanned
		14. Rash, abrasion, laceration, eruption, acne, crusts, scars, ulcers, moles, fissures, insect bites
Specimens	Taken to laboratory	Specimen to, Lab or
		Specimen to, Dr. office
Speech	Speaks normal	1. Normal speech
	2. Not understandable	2. Inarticulate
	3. Meaningless, wandering	3. Rambling
	Runs words together	4. Slurring
	5. Stammering, stuttering	5. Stammering and/or stuttering
	6. Not heard distinctly	6. inarticulate
	7. Speaks long and well	7. Fluent
	8. Difficulty	8. Dysphasia
	9. Unable to speak	9. Aphasia
Symptoms	Observed only by patient	1. Subjective
Gymptoms	Observed only by patient Observed by someone other than patient	2. Objective
		-
	3. A group of symptoms	3. Syndrome

Teeth	1. False	1. Dentures
	2. Decay of	2. Dental caries
	3. Collection of foul material	3. Sordes
	4. Other descriptive terms	4. Natural, notched, decayed, crooked, protruding,
	5. Without teeth	crowded, irregular, broken, loose, discolored
		5. Edentulous
Throat	Difficulty in swallowing	1. Dysphagia
	2. Inability to swallow	2. Aphagia
Tongue	Descriptive terms	Pink, moist, dry, cracked, coated, raw, swollen,
		inflamed, ulcerated, scarred, fissured
Treatment	Preventive	1. Prophylactic
	Offering temporary relief	2. Palliative
Urination	1. To urinate	Void, micturate
	2. No control over urination	2. Involuntary, incontinent
	3. Large amount of urine voided	3. Diuresis
	Increased amount voided	4. Polyuria
	5. Painful urination	5. Dysuria
	6. Scantiness of urine	6. Oliguria

Section 5.05 Labs

LABS

Significance of Blood A	Significance of Blood Analysis		
Calcium	Mineral in the blood required for bone formation.		
Phosphorus	Mineral in the blood required for bone formation.		
Glucose	Blood sugar, which is elevated in diabetes.		
BUN	Substance which when elevated may indicate kidney disease.		
Uric Acid	Acid, which is elevated in gout.		
Cholesterol	Fatty substance in blood, which may contribute to the		
	development of atherosclerosis.		
HDL (High Density	Substance, which may play a role in the development of/or		
Lipoproteins)	protection against heart disease.		
Total Protein	Indication of nutritional status and liver function.		
Albumin	Protein fraction, which is decreased in liver disease, kidney		
	disease, and malnutrition.		
Alkaline Phosphatase	Enzyme, which may be elevated in liver or bone disease.		
Total Bilirubin	Red blood cell pigment metabolized by the liver which is		
	increased in liver disorders and causes a yellow tint to the skin.		
Globulin	Protein fraction elevated in liver disease or immune disorders.		
A/G Ratio	Measurement of percentage of total protein as an albumin, useful		
	in evaluating liver function.		
LDH	Enzyme elevated in liver, lung, and cardiac disorders.		
SGOT	Enzyme elevated in liver disease and heart disease.		
SGPT	Enzyme elevated in liver disease.		
Creatinine	Substance elevated in kidney disease.		
Iron	Mineral necessary for red blood cell formation.		
Triglyceride	Fatty substance in blood, which may contribute to the		
	development of atherosclerosis.		
Sodium, Potassium	Basic minerals in blood, which reflect, body acidity or alkalinity		
and Chloride	and can be affected by nutritional imbalance or may reflect		
	disorders of the kidneys or the endocrine glands.		
CO ₂	Carbon dioxide content of blood. Deviation from normal may		
	reflect kidney or ling disorders.		

LABS (continued)

	E (BC (continued)		
Complete Blood Cou	unt		
White Blood Cells	Type of blood cell, which fights infection.		
Red Blood Cells	Contains hemoglobin and iron. A low red blood cell count may		
	indicate anemia.		
Hemoglobin	Protein contained in red blood cell. A low level of hemoglobin may		
	dicate anemia.		
Hematocrit	Percentage of red blood cells by volume in whole blood.		
M.C.V.	Mean Corpuscular Volume – the size of a red blood cell.		
M.C.H.	ean Corpuscular Hemoglobin – the amount of hemoglobin in a		
	ed blood cell.		
M.C.H.C.	Mean Corpuscular Hemoglobin Concentration - % of hemoglobin in		
relation to size of a red blood cell.			
M.C.V., M.C.H., M.C.H.C. are helpful in classifying the type of anemia. Minor variations of M.C.V.,			
M.C.H., M.C.H.C. are usually not significant unless anemia is present.			
Routine Urinalysis			
Color	Yellow is normal		
Appearance	Clear is normal		
Specific Gravity	Measures the concentration of particles such as sediment and		
	epithelial cells in the urine.		
Amorphous Sedimer	nt Normal constituent of urine.		
Squamous Epithelial	Normal constituent of urine.		
Cells Round Epitheli	al		
Cells			
Reaction pH	Measures the acidity of urine.		
WBC/HPF	Amount of white blood cells visualized on microscopic		
	examination of the urine.		
RBC/HPF	Amount of red blood cells visualized on microscopic		
	examination of the urine.		
Acetone Qualitative	If positive, significant only in known diabetes.		
	Minor variation in the above is usually not significant unless		
-	specifically noted in your report.		
Glucose Qualitative	Sugar in urine – present in diabetes.		
Protein Qualitative	If present, may signify kidney dysfunction.		
Occult Blood	Signifies the presence of blood in the urine.		
Bile Qualitative	Present only in liver disease.		

Bacteria	May signify kidney or bladder infection; occasionally seen		
Daciena	under normal circumstances in women.		
LABS Continued			
Appendix A: Explanation of Blood Analysis Report On your SMAC blood analysis report, you have the results of your blood test. To the right of each			
test, there is numerical value signifying if the test component is within or outside of the normal range (for adults). If you are outside (high or low) of the normal range. CONSULT YOUR PHYSICIAN FOR FURTHER INFORMATION.			
A brief explanation of each component of the test is provided:			
SODIUM	This is an important (positively charged ion) found outside the cell which: 1. Controls the osmotic pressure of the extracellular fluid of the body, 2. Is involved in nerve impulse transmission, and 3. Is involved in muscle contraction. Normal values are 135 – 145 mEq/1. High level of sodium may cause high blood pressure.		
POTASSIUM	It is a major cation found inside the cells. The normal adult values are form 3.5 – 5 mEq/1. High levels are seen in renal failure. Low levels cause changes or arrhythmias in the electrocardiogram.		
GLUCOSE-SERUM	This is blood sugar. Normal levels for an adult 65-110 mg/dl. Significantly high levels may indicate a diabetic tendency or actual diabetes. It is not uncommon to have a mild elevation due to laboratory variation.		
UREA NITROGEN BLOOD-BUN	Urea is the major end product of protein metabolism. Most urea is formed in the liver. It is then passed into the blood (referred to an BUN) and is excreted via the urine. Normal adult values range from 0-20 mg/dl. High elevations of the BUN may be found during dehydration, excessive protein breakdown, kidney disease, and blood in the GI tract. Low BUN does not appear to be clinically significant.		
CREATININE	It is formed in the skeletal muscle and is part of the fastest method of providing immediate energy to muscles. Some creatinine travels into the blood stream and is excreted in the urine. High levels of creatinine are seen after heavy exercise, in kidney disease, and in muscle disease, example: muscular dystrophy. The normal values are .7-1.3 mg/dl.		
URIC ACID	This is formed from the breakdown of proteins. The amount in the blood or urine is influenced by the dietary intake of protein rich foods (meats, legumes) as well as individual variations in protein breakdown. Normal values range from 2.2-8 mb/dl. High uric acid levels are found in kidney disease (nephritis), kidney stones, gout, and starvation. High values are also a secondary risk factor to coronary artery disease.		
CALCIUM	Most calcium is found in bones and teeth. Calcium has a number of functions, such as: preserving the skeletal structure, helping to initiate the blood clotting process, transmitting nerve transmission, cause electrocardiogram disturbances, cause constipation, and a loss of appetite. Low serum values (hypocalcemia, less than 6 mg/dl.) Also affects the nervous system.		
CHLORIDE	This is an anion (negatively charged ion) involved in regulating the acid- base balance of the blood. Normal adult levels range from 95-106 mEq/1. Chloride ions are also found outside and inside cells and play a passive role in nerve impulse transmission and muscle contraction.		
PHOSPHORUS	This is an important constituent of nucleic acids, phospholipid, nucleotide, and bone. The adult range is from 2.5-4.5 mg/dl. Higher values (5-7 mg/dl) are seen in growing children. Levels are strongly dependent on the time of day the sample is drawn. Samples should be taken in the mourning in the fasting state. Most dietary phosphorus is excreted from the body.		

Section 5.06 Communication Tools/Blocks

Techniques of Therapeutic Communication

I Non-directive

A. Using Broad Opening Statements

The use of these allows the patient to set the direction of the conversation. "Is there something bothering you?" "Is there something you'd like to talk about?"

B. Using General Leads

During the conversation, using general leads such as "yes", "oh", or "uh-huh" will usually encourage the patient to continue. The nurse indicates she has understood what the patient has said, and that she wishes him to proceed.

C. Reflecting - Restating

In reflecting or restating, all or part of the patient's statement is slightly rephrased to encourage him to go on. In reflecting, the phrase may be repeated as the patient said the statement.

D. Sharing Observations

The nurse shares observations she makes about the patient's behavior. It may focus on either the patient's physical or apparent emotional state. It may convey to him/her concern and interest in further discussion. "You are trembling." "You seem upset."

E. Acknowledging the Patient's Feelings

The nurse helps the patient to know that his feelings are understood and accepted and encourages him to continue expressing them.

Patient: "I hate it here; I wish I could go home."

Nurse: "You feel it is very hard for you to be away from home?"

F. Selective Reflecting - Focusing

The nurse selects what she thinks to be the most important ideas contained in what the patient has said and directs it back to him.

Patient: "I feel so tired; I don't like it here."

Nurse: "You seem to feel being here and not liking it is making you tired?"

G. Using Silence

In certain circumstances, an accepting, attentive silence may be preferable to a verbal response. This allows the nurse to temporarily slow the pace of the conversation and gives the patient an opportunity to reflect upon and then speak about his feelings.

COMMUNICATION TOOLS AND BLOCKS

II. Explanatory Responses

A. Clarifying

If the nurse has not understood the meaning of what the patient has said, she clarifies immediately by further questioning the patient.

Nurse: "I'm not sure I follow."

Nurse: "Are you using this word to mean..."

B. Verbalizing Implied Thoughts and Feelings

The nurse voices what the patient seems to have fairly obviously implied, rather than what he has actually said.

Patient: "It's a waste of time to do these exercises."

Nurse: "You feel they aren't benefitting you?"

Besides enabling her to verify her impressions, this technique may also help the patient become more fully aware of his feelings.

C. Validating

When the nurse feels that the patient's need has been met she should validate her impression with him. "Do you feel more relaxed?" "Are you feeling better now?" If his answers to these suggests his needs have not been met, the nurse should renew her efforts to assist him.

D. Placing in Time Sequence/Encouraging Comparisons

These two techniques allows the nurse to assist the patient to explore the situation more fully, while she remains non-judgmental.

III. Aids in Decision Making

A. Giving Information - Serving as a Resource

Frequently the nurse may be able to provide the patient with specific information which will answer questions or dispel misconceptions and help him better evaluate his situation. "Children under 14 can visit if special arrangements are made."

There are several ways to assist the person to establish goal and make decision for themselves. Such techniques may include:

1. Pointing out information: "Have you considered?"

2. Reviewing: "Now you said..."

3. Considering the consequences: "If you do...what might happen?"

4. Encouraging formulation of a plan: "What do you think you might do?"

Blocks to Communication

I. Using Reassuring Clichés

Reassuring clichés are often given automatically, or they may be used when a person has difficulty knowing what to say. The nurse uses them to reduce her own anxiety. "Everything will be all right." "You don't need to worry." "You're doing fine."

II. Giving Information

By telling the patient what he should do, the nurse imposes her own opinions and solutions on him, rather than helping him to explore his ideas so that he can arrive at his own conclusions. Even when a patient clearly asks for advice, the nurse should be cautious in giving it. "What you should do is..." "Why don't you...?"

III. Demanding/Requesting an Explanation

By requesting an explanation, the nurse asks the patient to immediately analyze and explain his feelings or actions. Questions which ask "why" are often intimidating. He may invent a reply. The patient may not be truthful and will tell you what he thinks you are expecting him to say. "Why are you upset?" "Why did you do that?"

IV. Agreeing/Disagreeing with the Patient -

Approving/Disapproving

When the nurse introduces her own opinions or values into the conversation it can prevent the patient from expressing himself freely. By approving of one emotion or feeling, you are indicating disapproval of the opposite emotion or feeling.

A. Agreeing: "I agree with you." "That's right."

B. Disagreeing: "You're wrong." "That's not true."

C. Approving: "I'm glad to see you cheerful today."

D. Disapproving: "Now don't be so glum."

V. Belittling the Patient

Although the nurse is trying to show that she understands, statements which equate patient's feelings with those felt by herself or others imply that his feelings are not unusual, thereby denying the importance they have for him. This suggests that he and his problems are no unique. "I know just how you feel." "Everyone gets depressed at times."

VI. Defending

When the nurse becomes defensive in responding to a patient's criticism, she in effect tells him that his negative comments are unfounded, and implies that he has no right to express such opinions or feelings. By responding defensively the nurse is likely to discourage the patient from continuing. "Your doctor is quite capable." "This hospital is well-equipped." "She's a very good nurse."

VII. Making Stereotyped Comments

By using social clichés or trite phrases, the nurse may lead the patient to reply in a like manner, thus keeping the conversation at a superficial level. "How are you feeling?" "Isn't it a beautiful day?"

VIII. Changing the Subject/Introducing an Unrelated Topic

When the nurse responds to a patient's statement by changing the subject, she directs the course of the conversation, rather than allowing the patient to discuss what he wishes. Having been blocked once, he may abandon further attempts to make his feelings known. "Oh, by the way..."

IX. Interpreting

By interpreting the statements for the patient the nurse "may put words into the patient's mouth." You are unconsciously placing your values and opinions on the patient. Let the patient decide what he/she means. "Underneath you really feel..."

Section 5.07 Therapeutic Communication

RESPONSE	EXAMPLE
Exploring	What seems to be the problem? Tell me more about
Reflecting	I am really mad at my mother for grounding me. You sound angry.
Focusing	Give an example of what you mean. Let's look at this more closely.

Clarifying	I'm not sure that I understand what you're saying.
	Do you mean?
Using general leads	Go on?
	Talk more about
Broad opening leads	Where would you like to begin?
	Talk more about
Validating	Did I understand you to say
Informing	The time is
	My name is
Accepting	Yes
	Okay
	(nodding) Uh hmm.
Sharing observations	You appear anxious. I noticed that you haven't
	been coming to lunch with the group
Presenting reality	I do not hear a noise or see the lights blinking.
	I am not Cleopatra; I am your nurse.
Summarizing	During the past hour
Using silence	Nurse remains silent
False reassurance	Don't worry, you will be better in a few weeks.
	Don't worry, I had an operation just like it; it was a snap.
Giving advice	What you should do is
Olving advice	If I were you, I would
Rejecting	I don't like it when you
i regioning	Please, don't ever talk about
Belittling	Everybody feels that way.
3	Why, you shouldn't feel that way.
Probing	Tell me more about you relationship with other
9	men.
Overloading	Hi, I am JoAnn, your student nurse. How old
	are you? What brought you to the hospital?
	How many children do you have? Do you want
	to fill out you menu right now?
Underloading	Not giving clear enough information so that the
	meaning is clear; withholding information.
Clichés	Gee, the weather is beautiful outside.

Section 5.08 Clinical Conferences Outline

Pre-conference

- 1. Identify role as student and preparing for clinical experience.
- 2. Receiving and confirming assignments.

Post-conference

- 1. Presentation of patient.
 - a) Diagnosis and definition
 - b) Textbook signs and symptoms
 - c) Nursing care and treatment
 - d) Medications, if applicable
- 1. Nursing interventions
- 2. Experiences
- 3. In-services, if applicable
- 4. Films, if applicable

Section 5.09 Reporting

The purpose of giving a report is to impart information about the patient's existing condition. It should be complete, concise, and contain pertinent information about the events that occurred during the time you administered nursing care to the patient. The following are some guidelines for good patient condition reports:

- 1. First, state the patient's room number, name, diagnosis, and doctor's name.
- 2. Use the nursing care plan as a guide to giving your report.
- 3. Report information about what was done for the patient and how he responded, as well as what should be done and how to do it.
- 4. Call attention to pertinent changes in the patient's condition or behavior.
- 5. Report any deviation from the routine of carrying out the physician's orders.
- 6. Keep the report on a professional level.

Example: Be concise and brief. Avoid gossiping or derogatory statements. Use medical terminology.

Section 5.10 General Guidelines for Patient Selection

Type	Level of Care
A (Self Care)	 Ambulatory Activities not limited Requires minimal observation Self bath Minimal treatments/medications
B (Partial Care)	 Needs nursing assistance in meeting basic needs. Bathe with assistance Ambulates with assistance Requires treatment/medications
<u>C</u> (Complete Care)	 Needs frequent nursing assessment during shift Unable to ambulate Requires frequent and complex treatments and/or medications Complete bed bath
* <u>D</u> (Complex Care)	 Needs constant nursing assessment during shift Complete bed rest, complete bed bath Needs continuous observation due to high degree of instability Has multiple complex treatments and medications Technical monitoring equipment i.e. cardiac monitor

^{*} Patient requiring this level may be in a Critical Care Unit or on a nursing unit.

Section 5.11 SBAR Reporting





Section 5.12 Teaching Plan Process

- I. Assess patient for:
 - a. What is the need for information or skill?
 - b. Are they ready to learn? How do you know?
 - c. What is their motivation to learn?
 - d. Are there any cultural factors that affect learning? If yes, what are they?
 - e. Is there any prior education or experience that will affect content to be taught? If yes, what is it?
 - f. What is their level of anxiety or fatigue?
 - g. Are there any socioeconomic factors that will affect the learning process? If yes, what are they?
 - h. Patient's abilities and disabilities that will affect learning:
- II. Write objectives for learning, covering goals for the teaching/learning process for this individual.
- III. Outline content to be taught:
- IV. Identify the method or strategies to be used for teaching various areas of content.
- V. List supplies, equipment, audio or visual aids to be used for teaching, if appropriate.
- VI. Evaluate the process:
 - a. Write out how each objective was met or not met by the patient.
 - b. Assess patient for further learning needs and list them.
 - c. Who could you refer this patient to for follow-up?
 - d. Write out a paragraph describing:
 - i. Your areas of greatest effectiveness in teaching.
 - ii. Areas of weakness or areas needing more planning or improvement on your part as a teacher.

Section 5.13 Goals

Use this format when writing goals:

The patient will (Pt. centered)

Have a bowel movement (identifies measurable criteria that reflect the problem)

In 2 days (identifies a target date for achievement, within a realistic time frame)

Other examples:

- 1. The patient will verbalize 2 ways to decrease discomfort by end of visit.
- 2. The patient will show no signs of respiratory distress *AEB* respirations within 12-20, regular and even respirations, within 1 hour of treatment.
- 3. The patient will verbalize a decrease in pain from a "7" to a "3" (on a pain scale from 1-10) within 30 minutes of med. Administration.
- 4. The patient will demonstrate the techniques of active ROM by end of shift.
- 5. The patient will have no signs of infection, *AEB* no increase in temperature above 100.4 during hospital stay.
- Make them short and sweet!
- Must be patient centered
- Measurable
- Realistic
- Have a target date/time for a goal to be met

Section 5.14 Nursing Process Priorities

When preparing to do your nursing process, the rationale is to use this method consistently. This will help you become systematic and comprehensive.

- Priority #1: Problems interfering with physiological needs (e.g., respiration, circulation, nutrition, hydration, elimination, temperature regulation, and physical comfort)
- Priority #2: Problems interfering with safety and security (e.g., environmental hazards, and fear.)
- Priority #3: Problems interfering with love and belonging (e.g., isolation or loss of a love one.)
- Priority #4: Problems interfering with self-esteem (e.g., Inability to wash hair, perform normal activities.)
- Priority #5: Problems interfering with the ability to achieve personal goals.

Section 5.15 Format for Nursing Process

- 1. **Assessment**: Gather and examine data using database.
 - a. Subjective Data: What the patient actually says.
 - b. Objective Data: What you observe.
- 2. <u>Nursing Diagnosis</u>: Actual and/or potential problems. The statements will include two (2) parts: Diagnosis and "as manifested by".
- 3. **Planning**: Set priorities and determine nursing interventions (see nursing process priorities).
 - a. A "Goal" statement is a patient goal and must include a time factor.
 - b. Listed interventions also include the "frequency".
- 4. **Implementation**: Putting the plan into action.
 - a. Performing nursing interventions and activities.
 - b. Recording (charting) and communicating your patient's status and response to nursing interventions.
- 5. <u>Evaluation</u>: Were the goals that were set during the planning phase achieved? This step includes revision/deletions of goals or plans. Record this on the Nursing Process Tool.

Section 5.16 SimChart: Chart Notes for Clinicals

Double click on the picture to open the document or

Use the link to open the document:

http://coursewareobjects.elsevier.com/objects/simchart/v1/content/student/Inst3.11 Chart%20Notes %20For%20Clinical.pdf

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Use the following link: http://fnm.tums.ac.ir/userfiles/education/en/pediatrics/Student/3.pdf



Figure 1 2012-2014 Nursing Diagnosis List



Figure 2 Older document includes good definitions of Nursing Diagnosis

Use the following link: http://fnm.tums.ac.ir/userfiles/education/en/pediatrics/Student/3.pdf

Article 6 Specialty/Ancillary Areas objectives/Forms (Level II & III Only)

Included in this section are the objectives to be completed in the specified department. Please be advised that your instructor has the option to make any changes necessary to meet his/her specific requirements.

The student must check with their assigned clinical instructor prior to their rotation in any of the following specialty/ancillary areas to find out the required paperwork the instructor will require for each facility you are scheduled.

The student must complete a pathophysiology and care map for each clinical day.

- 1. Student Evaluation/Attendance Verification
- 2. Specialty Areas/Ancillary Departments form
- 3. Autopsy
- 4. Cardiac Cath Lab
- 5. Daycare
- 6. Dialysis
- 7. Emergency Department
- 8. Family Medicine/Physician clinic
- 9. Hepatitis C Clinic
- 10. Home Health/Hospice
- 11. Infection Control
- 12. Jail/Correctional Objectives
- 13. Labor/Delivery
- 14. Laboratory
- 15. Leadership
- 16. NICU/ICU/CCU
- 17. Nursery
- 18. OB/GYN Clinic
- 19. Observation Unit
- 20. Outpatient/Day surgery/Endoscopy
- 21. Pain Clinic
- 22. Pediatrician Office
- 23. Physical Therapy/OT/ST
- 24. Radiology
- 25. Recovery Room
- 26. Respiratory Therapy
- 27. School Nurse
- 28. Surgery
- 29. WIC Women's, Infants, Children's Clinic

Students must call the outside specialty/ancillary area the day before the scheduled rotation during business hours to confirm schedule.

Section 6.01 Autopsy

- 1. Describe the role of the medical examiner.
- 2. Describe the procedures and analysis performed on the organs that you observed in one of the cases this rotation.
- 3. Explain the cause of death for the individual.
- 4. What type of personal protective equipment is warranted when performing or observing an autopsy?
- 5. Describe your reaction to this rotation.

Dress:

You may wear your blue scrubs with your picture ID and name badge. You may also bring with you a face mask, goggles, from your protective kit, provided in your Vocational Nursing supply kit. You will need to arrive at the JPS parking lot by 07:45 am. We will meet there and your attendance will be recorded. We will then walk together to the ME office. If you have any questions or if you are unable to attend please contact clinical instructor.

Section 6.02 Cardiac Cath Lab

Cardiac Catheterization Lab

- 1. Describe the role of the nurse in the cardiac catheterization lab.
- 2. State the purpose of a cardiac catheterization.
- 3. List six (6) nursing care considerations that should be carried out **BEFORE** the procedure.
- 4. List seven (7) nursing care considerations that should be carried out **AFTER** the procedures.
- 5. Describe your reaction to this rotation. Would you make any recommendations or changes?
- 6. Complete a care map and pathophysiology for one patient.

Use: Lippincott Manual of Nursing Practice to assist you in completing these objectives.

Section 6.03 Daycare

Day Care Toddlers/Preschoolers (Level II)

During the rotation in the day care center, the student will be observing toddlers and preschoolers based on the concept of normal growth and development. Upon completion of the day care rotation, the student should be able to complete the following objectives:

- 1. List the development patterns exhibited by the child you chose to observe.
 - A. A Physical appearance
 - B. Motor skills
 - C. Psychosocial
- 2. Relate these observations to the normal according to Erickson's stages.
- 3. Observe the typical play in which this child was involved and compare with the normal pattern for his/her age.
- 4. Observe and record vocalization of this child such as vocabulary. Compare your observations with the normal as listed in your maternal child textbook.
- 5. Describe the activities that suggest creativity, leadership, and self-image in play.
- Observe the child during nourishment time and lunch. Make a list of foods offered and eaten. Compare this with the proper nutrition for his age according to your maternal child textbook.
- 7. Describe the activities that suggest assumption of a sex role.
- 8. Describe the child's reaction to parental separation.
- 9. Describe, in a written narrative, your reaction to the day care observation.
- 10. Give/provide staffing requirements/guidelines for daycare.
- 11. Complete a care map and pathophysiology observed on one child in this rotation.



Day Care Infants (Level III)

During the rotation in the day care center, the student will be observing infants based on the concept of normal growth and development. Upon completion of the day care rotation, the student should be able to complete the following objectives:

- 1. List the development patterns exhibited by the child you chose to observe.
 - D. Physical appearance
 - E. Motor skills
 - F. Psychosocial
- Relate these observations to the normal according to Erickson's stages.
- 3. Observe the typical play in which this child was involved and compare with the normal pattern for his/her age.
- 4. Observe and record vocalization of this child such as vocabulary. Compare your observations with the normal as listed in your maternal child textbook.
- Describe the activities that suggest creativity, leadership, and self-image in play.
- 6. Observe the child during nourishment time and lunch. Make a list of foods offered and eaten. Compare this with the proper nutrition for his age according to your maternal child textbook.
- 7. Describe the activities that suggest assumption of a sex role.
- 8. Describe the child's reaction to parental separation.
- 9. Describe, in a written narrative, your reaction to the day care observation.
- 10. Give/provide staffing requirements/guidelines for daycare.
- 11. Complete a care map and pathophysiology observed on one child in this rotation.



Section 6.04 Dialysis

- 1. State the purpose of kidney dialysis.
- 2. Describe the standard (universal) precautions used by the staff, and state what they were doing when they practiced them.
- 3. Describe the renal transplant recipient selection criteria.
- 4. Describe some general rules that the patient will need to follow while they are on dialysis. a. Example: It is best not to eat while being dialyzed because of nausea and vomiting, thus aspiration.
- 5. What determines the length of dialysis / # of days dialyzed.
- 6. Describe the dietary regimen of a patient receiving dialysis.
- 7. Describe the possible complications of kidney dialysis.
- 8. Choose one patient and describe the following:
 - a. Reason for dialysis
 - b. Length of dialysis
 - c. Nursing care provided
 - d. Interview the patient and describe his/her reaction to dialysis
- 9. Are you interested in working with patients who are being dialyzed?
- 10. Describe your reaction to this rotation. Would you make and recommendations or changes.
- 11. Complete a care map and pathophysiology for a patient seen in this rotation.



Section 6.05 Emergency Department

Emergency Department

- 1. Describe the role of the nurse in the emergency department.
- 2. Make a log of the patients you observed
 - a. Medical diagnosis
 - b. Treatment
 - c. Medications given in emergency
 - d. Teaching
- 3. Complete a patho/concept care map on one client observed in this area.
- 4. Define Triage and explain how patients are processed in the ER using this system.
- 5. List and describe the types of rooms incorporated into the ER and the types of patients treated in these rooms.
- 6. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.06 Family Medicine/Physician clinic

Section 6.06 Family Medicine/Physician clinic

Family Medicine/Physician Clinic

- 1. Describe the role of the nurse in this area.
- 2. Make a log of up to 10 clients/patients seen and include:
 - a. Patient complaint
 - b. Medical diagnosis
 - c. Treatment
 - d. Medication given during visit with drug card
 - e. Teaching to patient or family
 - f. Lab or other diagnostic tests ordered or done during visit.
- 3. Complete a pathophysiology and concept care map for one patient seen in this area.
- 4. Describe your reaction to this rotation. Would you make any recommendations or changes?

OB/GYN Patients (If OB/GYN Patients seen)

- 1. Describe the role of the obstetrical nurse. What are his/her responsibilities?
- 2. Select two patients during this rotation, one OB and one GYN) and answer the following questions?
 - a. Is patient pregnant or gynecological patient? If pregnant, how many weeks gestation? If gynecological, what is the reason for Doctor visit?
 - b. Signs and Symptoms, if any, presented by patients.
 - c. Nursing care given.
 - d. Medical care given.
 - e. Medications prescribed or already taking (attach drug cards)

Pediatric Patients (If Pediatric Patients seen)

- 1. Describe the role of the pediatric clinic nurse. What are his/her responsibilities?
- 2. Select one patient and answer the following questions.
 - a. Diagnosis with textbook definition
 - b. Signs and symptoms (both textbook and those presented by the patient)
 - c. Nursing care (out-patient) (both textbook and what you observed)
 - d. Medical care (out-patient) (both textbook and what you observed)
 - e. Medications prescribed (attach drug cards)
 - f. Has this patient had all required immunizations? (list with dates)

Section 6.07 Hepatitis C Clinic

- 1. What is the role of the Hepatitis C Clinic Nurse?
- 2. Define the following:
 - a. Medical Asepsis
 - b. Surgical Asepsis
- 3. What is meant by Standard Precautions and what was it previously called?
- 4. What is the most basic and effective methods of preventing cross contamination?
- 5. What is meant by?
 - a. Airborne Precautions
 - b. Droplet Precautions
 - c. Contact Precautions
- 6. What equipment/supplies would you need for?
 - a. Airborne Precautions
 - b. Droplet Precautions
 - c. Contact Precautions
- 7. Prepare a pathophysiology on Hepatitis C.
- 8. Prepare a list of the patients you observed on this rotation and include the following:
 - a. Initials only
 - b. Diagnosis Treatment received
 - c. Complications (if any)
 - b. Medications
- Prepare drug cards for a patient in the patient list for all prescribed medications.
- 10. Prepare a care map for one patient observed in this rotation.

Section 6.08 Home Health/Hospice

Home Health/Hospice

- 1. Describe the role of the nurse in this area.
- 2. Complete a Patho/Concept care map.
- 3. Describe one client-family teaching aspect during this rotation. Teaching needs to be specific.
- 4. Make a log of patient-client seen including: a. Age
 - a. Diagnosis
 - b. Medication list
 - c. Treatment
 - d. Teaching
- 5. Complete the quiz in the assignment folder for this rotation: Infection Control
- 6. What was your opinion of this rotation? Would you recommend any changes?

Section 6.09 Infection Control

Infection Control

- 1. What is the role of the Infection Control Nurse?
- 2. Define the following:
 - a. Medical Asepsis
 - b. Surgical Asepsis
- 3. What is meant by Standard Precautions and what was it previously called?
- 4. What is the most basic and effective method of preventing cross-contamination?
- 5. What is meant by?
 - a. Airborne Precautions
 - b. Droplet Precautions
 - c. Contact Precautions
- 6. What equipment/supplies would you need for?
 - a. Airborne Precautions
 - b. Droplet Precautions
 - c. Contact Precautions
- 7. What is meant by reverse isolation?
- 8. Give 2 examples of illness for each of the following, when you would use: Airborne Precautions
 - a. Droplet Precautions
 - b. Contact Precautions
- 9. Prepare a Pathophysiology and concept care map on Tuberculosis.
- 10. Who is responsible for infection control?

Section 6.10 Jail/Correctional Objectives

Jail/Correctional Objectives

- 1. Describe the role of the jail nurse.
- 2. What special training (if any) is the jail nurse required to have?
- 3. List three situations that may occur that are unique to the jail.
- 4. Describe in detail the nurses' responsibility regarding inmates' medications.
- 5. What is the nurses' responsibility when an inmate is injured while incarcerated? What steps and documentation must occur?
- 6. List 3 psychosocial Nursing Diagnosis that would apply to an inmate you saw today. If you did not take to any inmates, list three diagnoses that could potentially apply to a person that is incarcerated.
- 7. Describe your reaction to this rotation.
- 8. Prepare a path/care map for one patient seen.

Section 6.11 Labor/Delivery

Labor/Delivery

- 1. Describe the role of the nurse in this area.
- 2. List and describe the stages of labor.
- 3. Describe 2 complications of delivery.
- 4. Complete the Labor and Delivery Database on one delivery you saw.
- 5. What comfort technique did you use or see used with this patient?
- 6. If delivery was C-Section, what was the reason?
- 7. If vaginal delivery, what was the presentation and was the vacuum or forceps utilized? If vacuum or forceps were utilized describe.
- 8. What was the EBL? Were the membranes ruptured and if so when and what color was the fluid?
- 9. Did the patient have tears or lacerations and if so describe?
- 10. Placenta was expelled in which way?
- 11. Complete database on one patient.
- 12. Complete a care map and pathophysiology on one patient seen in this area.
- 13. Describe the pattern seen on the EFM. What was the fetal heart rate?
- 14. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.11.01 Postpartum Assessment/Data Base

Neuro		MS		
∫ Alert and oriented	∫ Moves all extre	emities		
Behavior appropriate	∫ other			
f other	∫ other	other		
¹ other		Wound		
Skin	∫ Abdominal inc	ision; dressing		
1 Color	∫ Clean/Dry/inta	ct		
∫ Warm and Dry	∫ Redness			
Î Cool	∫ Staples/Suture	es/Strips		
¹ other	1 other			
Cardiac		Treatment		
∫ AP regular	∫ Breast pump			
Î Pedal Pulses	∫ Breast binder			
∫ Homan's sign +/-	∫ Breast shield			
¹ Edema	∫ Cold pack (Bre	east/Perineal)		
1 other	∫K-pad ∫ Peri	Light/Sitz		
Resp.		Postpartum		
Clear breath sounds	Breast	Soft / Non tender		
l Even and unlabored		∫ Filling / Tender		
1 Cough		¹ Engorged		
1 other		¹ Bra		
Elimination	Nipples	∫ Intact		
∫ Voiding (clear yellow)		¹ Cracked		
¹ Bladder (palpable, nonpalpable)		∫ Inverted		
∫ Foley cath.	Fundus	∫ Placement		
¹ Stool		¹ Firmness		
Í EMESIS		∫ Height		
¹ other	Perineum	∫ Intact		
Abdomen		∫ Clean / Dry		
Soft and nondistended		¹ Edema		
Active bowel sounds		¹ Bruising		
¹ Distended		¹ Other		
Hypoactive bowels sounds	Hemorrhoids	ÍVisible		
¹ Flatus		¹ Painful		
		¹ Other		

	Abbreviations		Uterus		Lochia		Stool
N/A	= Non-Applicable= Positive= Normal	Placement	ML = Midline R = Right L = Left	Color	R = Rubia S = Serosa A = Alba	S H D E Sp	= Soft = Hard = Diarrhea = Enema = Suppository
		Firmness	F = Firm B = Boggy FM = Firm c massage	Amount	A = Large Md = Moderate Sm = Small Sc = Scant C = Clots	·	., ,
		Height	U = Umbilicus +a-u = Above or Below				

Section 6.12 Laboratory

LABORATORY OBJECTIVES Levels II and III

- 1. Name the functions of the laboratory and each section.
 - a. Hematology Coagulation
 - b. Chemistry
 - c. Urinalysis
 - d. Serology
 - e. Microbiology Parasitology
- Observe test being performed on blood samples. Describe the following (be prepared by looking up the definition of each test their procedure): Make lab cards on them to be turned in with this objective.
 - a. Complete blood count
 - b. Blood Chemistries: Glucose, BUN, Electrolytes, and Cardiac Enzymes
 - c. Blood Cultures
 - d. Arterial Blood Gases
 - e. Coagulation (i.e. PT and PTT)

The above are to include normal values and clinical significance.

- 3. Observe urinalysis being performed. Describe the following:
 - a. Normal values
 - b. State the reason urine should be fresh when sent to the lab and the importance of early morning collection.
 - c. State the reason a "sterile" specimen of urine is needed for a culture and sensitivity and review collection procedure.
 - d. State how soon results could be obtained from a culture and sensitivity of urine and others
 - e. State the procedure used in collecting and storing a 12-hour and 24 hour urine test. What type tests are run on these specimens?
- 4. Describe the blood collecting procedures
- 5. Define different types of blood specimens and explain how each is obtained.
 - a. whole blood
 - b. plasma
 - c. serum
- 6. Observe the typing and cross matching of blood. Describe all of the following on extra sheet of paper and turn in with other objectives.
 - a. Procedure for typing and cross matching Antibodies testing
 - Methods of storing blood and length of time it can be stored: criteria for donor collection

- c. General policies and procedures for checking out blood from the Blood Bank and understand the absolute need for accuracy in each step.
- 7. Observe stool specimens being performed. Describe the following:
 - a. Types of test performed stool specimens
 - b. Procedure for these tests.
- 8. State how the laboratory handles tissue samples
- 9. State the nurse's role in assisting the laboratory dept.
- 10. Complete a care map and pathophysiology for one patient observed in this department.

Section 6.13 Leadership

Leadership Rotation

- 1. Describe the role of the charge nurse or ADON/DON.
- 2. From the handout on leadership, list the characteristics that you observed in your charge nurse or ADON, and describe the action he/she displayed.
- 3. What type of management system did the charge nurse of ADON display? (Use the handout)
- 4. List six concepts used in leadership and management. Which one did you observe in the charge nurse/ADON?
- 5. Did you notice any "common mistakes" made? If any, describe.
- 6. Describe your reaction to this rotation.

Review the attached information in this packet before management rotation. Answer the above six questions. (This will be your assignment to turn in). You may bring your lunch or go eat out.

Section 6.14 NICU/ICU/CCU

NICU/ICU/CCU

- 1. Describe the role of the nurse in this area.
- 2. Complete a patho/concept care map on one client/patient observed in this area.
- 3. Describe one client/family teaching aspect during this rotation. Teaching needs to be specific.
- 4. List and describe the function of 3 types of special equipment used in this unit.
- 5. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.15 Nursery

Nursery

- 1. Describe the role of the nursery nurse.
- 2. Complete the newborn assessment/database on one newborn.
- 3. Define:
 - a. Moro reflex
 - b. Tonic neck reflex
 - c. Dancing reflex
 - d. Rooting reflex
- 4. Describe four methods of maintaining body heat in a newborn.
- 5. Describe Scarf Sign
- 6. Complete a care map and pathophysiology on one newborn observed in this rotation.
- 7. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.15.01 Newborn Assessment Database

Name:	
Birth date:	Time: Adm. Time
APGAR:	/ Del type:
Membranes ruptured at:	
Maternal history:	
GMS.	lbs. ozs.
T. HR	R. R.R. B.P. / Map
Head: C	Chest: Length: Accucheck: Time:
MEC. Í Vo	oid Í
Suction: 1	DELEE Catheter
I. General Appearance	
Color:	∫ pink ∫ pale ∫ flushed ∫ acrocyanosis ∫ general cyanosis ∫ gray ∫ jaundiced ∫ mottled ∫ Mec. Stained ∫ foul odor
Cry:	strong, lusty weak no cry hoarse high pitched
Activity:	factive, spontaneous f hyperactive response to stimulation f slow response to stimulation f interval filtery
Reflexes:	no abnormality notes moro root grasp sucking
Skin:	smooth fdry, peeling fwarm, dry fcold, clammy fcold, dry fcool, extremities fparchment like perspiring fedema flanugo fmec stained fpetechaie
Birthmark:	fino fiyes location:
Vernix:	Ínone ÍLT. ÍMOD Íheavy
II. Head	
Head & Face:	symmetrical saymmetrical caput molding bruising lacerations forcep marks cranial tabes cephalohematoma widely sep. suturess
Fontanelles:	soft flat small large bulging depressed pulsating
Eyes:	Íno abnormality noted Íopacities Ídrainage Íswollen Ítrauma Íother
Ears:	no abnormality noted flow set fabnormal fskin tags fdeep sinuses
Mouth:	∫no abnormality notes ∫circumoral cyanosis ∫protruding tongue ∫cleft lip ∫cleft palate ∫teeth ∫cysts
Nose:	Ínasal congestion Ínares patent Ínasal flaring Ísymmetrical
Neck:	í no abnormality noted í nares patent í webbing í mass í sinus í fat pad í clavicle asymmetrical í right í left
III. Chest	
Breath sounds:	∫clear/equal ∫crackles ∫shallow ∫coarse
Respirations:	∫unlabored ∫grunting ∫nasal flaring ∫irregular ∫tachypnea 80 ∫bradypnea 30
Retractions:	Ínone Ísubcostal Ísubsternal Íintercostal Ísuprasternal
Shape:	∫ symmetrical ∫ asymmetrical ∫ barreled
Breast:	∫no visible bud ∫visible bud ∫stripled areola ∫breast tissue ∫engorged ∫skin tags
IV. Heart Sounds	
∫ between left nipple ar ∫ Murmur	nd sternum Íto right of sternum Íto left of left nipple Ífaint, distant ÍBounding f regular Íirregular
Pulse:	∫ palpable femoral ∫ Brachial ∫ capillary refill time
V. Body and Extremities	
Abdomen:	symmetrical symmetrical scaphoid, sunken distended, soft distended, firm mass, location
Back:	∫ no abnormality noted ∫ mongolian spots ∫ myelomeningocele ∫ sacral dimple ∫ skin tags ∫ hair tufts
Umbilical Cord:	ino abnormality noted ismall large pulsating meconium stained oozing umbilical hernia number of vessels
Hands & Arms:	∫no abnormality noted ∫abnormal shape ∫RT ∫LT ∫no movement ∫RT∫LT ∫Palmar simian creases ∫abnormal shape ∫RT ∫LT
Legs & Feet:	í no abnormality noted í extra digits í RT í LT í bruising í abnormal shape í RT í LT í positional
	deformity fassym. Gluteal folds sole creases to heal 2/3 hip abduction normal sole creases involving heal 3/3
Genitalia & Rectum:	∫ no abnormality noted ∫ imperforated anus ∫ term ∫ preterm ∫ male ∫ female ∫ no abnormality noted ∫ hypospadius testes: ∫ descended ∫ undecended ∫ bruising ∫ edema ∫ abnormal

Section 6.16 OB/GYN – Clinic

OB/GYN – Clinic

- 3. Describe the role of the obstetrical nurse. What are his/her responsibilities?
- 4. Select two patients during this rotation, one OB and one GYN) and answer the following questions?
 - a. Is patient pregnant or gynecological patient? If pregnant, how many weeks gestation? If gynecological, what is the reason for Doctor visit?
 - b. Signs and Symptoms, if any, presented by patients.
 - c. Nursing care given.
 - d. Medical care given.
 - e. Medications prescribed or already taking (attach drug cards)
- 5. Describe one client/family teaching aspect noted during this rotation.
- 6. Complete a care map and pathophysiology for one patient seen in this area. .
- 7. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.17 Observation Unit

Observation Unit

- 1. What is the role of the Observation Nurse?
- 2. Prepare a list of the patients you observe on this rotation and include the following:
 - a. Initials only
 - b. Signs and symptoms experience
 - c. Diagnosis
 - d. Treatment received
 - e. Complications (if any)
 - f. Medications
 - g. Lab results
 - h. Patient teaching
- 3. Prepare drug cards for a patient in the patient list for all prescribed medications.
- 4. Prepare a patho/concept care map for one patient seen in this unit.

Section 6.18 Outpatient/Day surgery/Endoscopy

Outpatient/Day Surgery/Endoscopy

- 1. Describe the role of the nurse in the endoscopy lab.
- 2. Make a log of client/patient you observed.
 - a. Patient diagnosis.
 - b. Type of endoscopy needed.
 - c. What kind of prep did this patient receive and why.
 - d. What type of anesthesia was used?
 - e. Teaching to family or patient.
- 3. Complete a care map and pathophysiology on one patient seen in this area.
- 4. State why someone would come to outpatient/day surgery area instead of being an inpatient?
- 5. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.19 Pain Clinic

Pain Clinic

- 1. What is the role of the Chest Pain Clinic Nurse?
- 2. Prepare a list of the patients you observed on this rotation and include the following:
 - a. Initials only
 - b. Signs and symptoms experience
 - c. Diagnosis
 - d. Treatment received
 - e. Complications (if any)
 - f. Medications
 - g. Lab results
 - h. Patient teaching
- 3. Prepare drug cards for a patient in the patient list for all prescribed medications.
- 4. Prepare a pathophysiology and concept care map for one patient seen in this area.
- 5. Describe difference in chronic vs. acute pain with examples of each

Section 6.20 Pediatrician Office

Pediatrician

- 3. Describe the role of the pediatric clinic nurse. What are his/her responsibilities?
- 4. Select one patient and answer the following questions.
 - a. Diagnosis with textbook definition
 - b. Signs and symptoms (both textbook and those presented by the patient)
 - c. Nursing care (out-patient) (both textbook and what you observed)
 - d. Medical care (out-patient) (both textbook and what you observed)
 - e. Medications prescribed (attach drug cards)
 - f. Has this patient had all required immunizations? (list with dates)
- 5. Complete a pathophysiology and concept care map for patient seen in this area.
- 6. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.21 Physical Therapy/OT/ST

Physical Therapy/OT/ST

- 1. Describe the role of the nurse/therapist in these areas.
- 2. Make a log of 5 clients/patients seen during this rotation and include:
 - a. Diagnosis
 - b. Therapy given and why (describe)
 - c. Any devices used
 - d. Teaching
- 3. Describe the proper use and function for:
 - a. Trochanter roll
 - b. Hand roll
 - c. Trapeze bar
 - d. Transfer belt
- 4. Complete patho/concept care maps from any of the following: CVA, total hip arthroplasty, total knee arthroplasty, or multiple fracture.
- 5. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.22 Radiology

X-Ray

- 1. Define the following terms:
 - a. Roentgen
 - b. Roentgenogram
 - c. Fluoroscopy
 - d. Contrast medium
- 2. Define and describe prep for the following test:
 - a. KUB
 - b. Upper GI
 - c. BE
 - d. Cholecystography
 - e. IVP
 - f. Angiography
 - g. CAT
 - h. Sonogram
 - i. Bronchoscopy
 - j. Proctoscopy
 - k. Sigmoidscopy
 - I. Cystoscopy
 - m. MBS (Modified Barium Swallow)
- 3. State the nurses' role in assisting in the X-ray dept.
- 4. Complete a care map and pathophysiology for one patient seen in this area.

Section 6.23 Recovery Room

Recovery Room

- 1. Describe the role of the nurse in this department.
- 2. Complete a patho/care map on one patient from this area.
- 3. Describe 3 different client-patients seen in this area.
 - A. Surgical procedure.
 - B. Condition upon arrival in recovery.
 - C. Any equipment used and why.
 - D. Any medications administered during recovery and why.
 - E. Condition upon discharge from recovery
 - F. Discharge to (home, another unit, etc.)
- 4. Describe your reactions to this rotation. Would you make any recommendations or changes?

Section 6.24 Respiratory Therapy

Respiratory Therapy

- 1. Describe the role of the nurse/therapist in this area.
- 2. Make a log of the patients you observed
 - a. Medical diagnosis
 - b. Treatment/Meds used
 - c. Medications given in emergency
 - b. Teaching
- 3. Complete a patho/care map one client observed in this area.
- 4. List and describe devices used to deliver O2. What % of O2 do they deliver? What flow of O2 do these devices require?
- 5. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.25 School Nurse

School Nurse

- 1. Describe the role of the school nurse.
- 2. Make a log of children seen by the school nurse (up to 5)
 - a. Reason seen (complaint)
 - b. Treatment
 - c. Medication given
- 3. Any instructions given to the child or parent
- 4. Describe any tests given the day you were there:
 - a. Vision screening
 - b. Hearing screening
- 5. List 3 common problems the school nurse addresses every year.
- 6. Complete a patho/concept map on one child observed in this area.
- 7. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.26 Surgery

Surgery Objectives

- 1. Describe the role of the circulating nurse.
- 2. Describe the role of the scrub nurse.
- 3. Describe three different surgeries you observed.
 - a. How was patient prepared?
 - b. What type of anesthesia was used?
 - c. Should tell a story of what happened from your point of view according to what you saw.
- 4. List and describe the use of three types of special equipment used in the operating room. (ex: suctioning, oxygen, automated B/P monitor, O2 saturation monitor, etc.)
- 5. Complete a patho/concept care map on one patient observed during this rotation.
- 6. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.27 WIC Women's, Infants, Children's Clinic

WIC OBJECTIVES

- 1. What does WIC mean?
- 2. What services does WIC provide?
- 3. Describe the role of the nurse in this area.
- 4. What did the nurse assess with each patient and family?
- 5. Describe one patient/family teaching aspect during this rotation.
- 6. Discuss the impact that having this resource for the family and child or children.
- 7. Complete pathophysiology and care map for one patient observed in this rotation.
- 8. Describe your reaction to this rotation. Would you make any recommendations or changes?

Section 6.28 Erickson's Psychosocial Stages of Development

Erickson's psychosocial stages of development

Infancy: Trust/mistrust

Getting

Tolerating frustration in small doses

Recognizing mother as distinct from others and self

Early Childhood: Autonomy/shame and doubt

Trying out own powers of speech

Beginning acceptance of reality versus pleasure principle

Late Childhood: Initiative/guilt

Questioning

Exploring own body and environment

Differentiation of sexes

School age: Industry/inferiority

Learning to win recognition by producing things

Exploring, collecting

Learning to relate to own sex

Adolescence: Identity/role diffusion

Moving toward heterosexuality

Selecting vocation

Beginning separation from family Integrating personality (e.g., altruism)

Section 6.29 Team Leader

During the Level III Clinical Rotation, the student will participate in team leading. The student will act as a member of the health care delivery team by functioning as a student team leader under the direct supervision of the clinical instructor and during the team leader rotation, the student will:

- 1. Make team member assignments.
- 2. Supervise and evaluate team members' patient care, including, but not limited to: activities of daily living, treatments, medications, etc.
- 3. Communicate with other team members of the health care delivery system.
- Conduct post-conference each clinical day assigned. These duties include, but are not limited to: case presentations and leading the group to plan a nursing process.
- 5. An example of your day as a team leader can be found on the next page.

Section 6.32 Process Reading

The interaction between the nurse and the patient, as you recall, is recorded and examined in the Process Reading- that is, a record of the on-going interaction, the <u>process</u> of the two people relating with each other. The recording includes a description of the patient's nonverbal and verbal behaviors, the nurse's response, identification of the therapeutic technique used by the nurse, and an explanation of the nurse's evaluation and interpretation of the interaction.

The major elements of the process recording are reviewed here:

Patient's Nonverbal Behavior:

First, notice the patient's nonverbal behavior because it often speaks so much more loudly than the patient's actual words. Look at the patient's appearance: Is clothing appropriate to the weather, the activity, and the place? Are jewelry and make-up likewise appropriate? Is the patient neat, clean, free of odors, etc?

Next, look at the patient's body language: Is he smiling, laughing, crying, or maintaining a tense facial expression? Is his posture erect, stooped, or slouched? Does he walk rapidly, shuffling, or not move at all? Are his body movement's slow, fast/jerky? What are his motor activities (kicking his foot against a chair, falling asleep during a conversation, etc.)? Is the patient able to establish eye contact with you? Does talking about certain topics cause the eye contact to increase or decrease? Are there signs of anxiety (moist palms, restlessness)?

Based on these observations, you may assess the patient's affect (of feeling tone- a reflection of mood): Is he happy, sad, lonely, apathetic, cheerful, angry, etc.? Is his feeling tone appropriate to the situation and recent events?

You may make many more observations of nonverbal behavior and include them in your Process Recording. The behaviors mentioned here are only to serve as a guide, a brief outline to help you gather your ideas together.

Patient's Verbal Behavior:

Now consider the patient's actual conversation with you. While you are talking with the patient, think about the following points and include them in your assessment.

- 1. Notice the patient's tone of voice- is it soft, harsh, commanding, or frightened?
- 2. Are the patient's conversations appropriate to the person he's with and the situations he's in: for example, in the midst of a baseball game does he begin to cry and talk about his rejection by his mother?
- 3. Are his moods expressed appropriately- that is, does he laugh or cry in response to hearing a very sad story?
- 4. Are his thoughts and ideas connected and following a logical order, or disconnected, hard to follow, etc.?
- 5. Does his conversation demonstrate that he is reality-oriented (in touch with reality) and therefore aware of who he is, where he is, who other people are, and what month and year it is? What does the patient actually say?

Once again, consider these verbal behaviors here assessed to be a mere guide for you. Please do not be restricted by the guide, for you may have many more verbal behaviors of your patient that you wish to record. But remember, the more accurate you record the <u>patient's actual words</u>, the easier you will find it to understand the communication.

Nurse's Response:

An interaction, as you recall from your experience with therapeutic communication, by its nature, is a two-sided event. For example, the patient may seem to exhibit certain nonverbal and verbal behaviors when alone. However, these behaviors are in actuality a response to nonverbal and/or verbal stimuli in the environment! These influences can include such things as rules and regulation, punishments or rewards for behavior and very important, the verbal and nonverbal behavior of you, the nurse.

As your self-awareness increases (and it will!!):

You will probably find yourself reflecting on your own behavior in specific situations, and wondering why you responded to your patient in this way or that. Also, why your patient responded to you in this way or that.

You may want to remember what you said in response to your patient's verbalizations.

You may also want to know what nonverbal cues you gave to the patient. While you told the patient that you were glad to see him, did your voice sound strained or did you begin to wring your hands anxiously? These verbal and nonverbal responses, objectively described, and whether they actually "match" or agree with each other, will give you and your instructor important information to assess your progression in using therapeutic communication techniques.

Therapeutic Technique:

Throughout your nursing program, you have been learning how to interact therapeutically with your patient. Learning better and more helpful ways to communicate is (and will be) a never-ending process in your nursing career.

You started studying about communication, including those techniques which are therapeutic and those which block communication in your first nursing course. At this point, you may want to review those techniques and blocks.

For example, your patient may speak to you in a way that is illogical and confusing. You want to stop his flow of conversation to ask him to explain and clarify in greater detail. The therapeutic technique used in this interaction would be "asking for clarification".

In another situation, your patient may begin to reveal some of his deepest feelings. If you became anxious and couldn't tolerate what he was saying, you might interrupt by changing the subject. Changing the subject in this particular situation would probably lower your own anxiety, but most likely "block" further communication with your patient.

Remember, the Process Recording is a learning experience for you. It would be most helpful to you if you honestly record the therapeutic techniques and those techniques you used which blocked communication.

Evaluation and Interpretations:

As you write your Process Recording, certain thoughts may come to your mind. You may want to state why you did or said a particular thing, or why you neglected to do or say something. You may wish to comment on what a particular flow of behavior means, as you interpret it. You may want to suggest another therapeutic action that might have been more helpful than the one you chose. By practicing in making interpretations of your own and the patient's behavior, you will develop new ways of looking at events and new insights into behavior.

Article 7 Clinical Evaluations

Section 7.01 Clinical Evaluation Tool Level 1

Changes in progress

Section 7.02 Clinical Evaluation Tool Level 2

Changes in progress

Section 7.03 Clinical Evaluation Tool Level 3

Changes in progress

Section 7.04 Grading Rubric for Clinical Evaluation Tool (all Levels)

Score	Grade	Grading Criteria					
4	95%	Near-mastery of objectives.	Proficient. Proactive.				
		Consistently exceeds	Coordinated and confident.				
		expectations.	Overall good efficiency.				
			Consistent. Accountable.				
			Requires NO prompting.				
			Continues to update and use				
			instructor guidance with				
			growing independence.				
3	85%	Performs at expected level	Supervised. Requires				
		and frequently exceeds	minimum prompting and				
		expectations.	support. Demonstrates steady				
			improvement in efficiency,				
			coordination, and confidence.				
			Clarifies and ask questions,				
			and uses instructor guidance				
			and supervision appropriately.				
2	75%	Performs at expected level.	Assisted . Performance meets				
			expected level criteria with				
			moderate prompting and				
			support. Performance				
			demonstrates problems with				
			efficiency and coordination but				
			remains safe.				
1	60%	Some concerns, but not	Requires frequent				
		unsafe or unethical.	assistance. Performance				
			meets level specific criteria				
			with frequent prompting and				
			support. Performance				
			demonstrates repeated				
			problems with efficiency and				
			coordination needs close				
	4007	0: '6'	monitoring for safety.				
0	40%	Significant concerns.	Dependent. Performance				
			below level specific criteria				
	20%	Unsafe behavior or unethical	even with instructor prompting				
		conduct.	and support. Inefficient. Lacks				
	0%	Unsafe behavior and unethical	confidence and coordination.				
	0 /0	conduct.	Inaccurate or infrequent				
		Conduct.	communication with instructor.				
			Poor accountability for own				
			practice.				

Section 7.03 Exit Competencies

ESSENTIAL COMPETENCIES OF GRADUATES OF TEXAS VOCATIONAL NURSING EDUCATIONAL PROGRAMS SEMESTER I

I. Member of the Profession:

- A. Function within the nurse's legal scope of practice and in accordance with the policies and procedures of the employing health care institution or practice.
- B. Assume responsibility and accountability for the quality of nursing care provided to patients and their families.
- C. Contribute to activities that promote the development and practice of vocational nursing.
- D. Demonstrates responsibility for continued competence in nursing practice, and develop insight through reflection, self-analysis, self-care, and lifelong learning

II. Provider of Patient-Centered Care:

- A. Use clinical reasoning and established evidence-based policies as the basis for decision making in nursing practice.
- B. Assist in determining the physical and mental health status, needs, and preferences of culturally, ethnically, and socially diverse patients and their families based on interpretation of health-related data.
- C. Report data to assist in the identification of problems and formulation of goals/outcomes and patient-centered plans of care in collaboration with patients, their families, and the interdisciplinary health care team.
- D. Provide safe, compassionate, basic nursing care to assigned patients with predictable health care needs through a supervised, directed scope of practice.
- E. Implement aspects of the plan of care within legal, ethical, and regulatory parameters and in consideration of patient factors.
- F. Identify and report alterations in patient responses to therapeutic interventions in comparison to expected outcomes.

G. Assist in the coordination of human, information, and material resources in providing care for assigned patients and their families.

III. Patient Safety Advocate:

- A. Demonstrate knowledge of the Texas Nursing Practice Act and the Texas Board of Nursing Rules that emphasize safety, as well as all federal, state and local government and accreditation organization safety requirements and standards.
- B. Implement measures to promote quality and a safe environment for patients, self, and others.
- C. Assist in the formulation of goals and outcomes to reduce patient risks.
- D. Obtain instruction, supervision, or training as needed when implementing nursing procedures or practices.
- E. Comply with mandatory reporting requirements of the Texas Nursing Practice Act.

IV. Member of the Health Care Team:

- A. Communicate and collaborate with patients, their families, and the interdisciplinary health care team to assist in the planning, delivery, and coordination of patient-centered care to assigned patients.
- B. Participate as an advocate in activities that focus on improving the health care of patients and their families.
- C. Participate in the identification of patient needs for referral to resources that facilitate continuity of care, and ensure confidentiality.
- D. Communicate and collaborate in a timely manner with members of the interdisciplinary health care team to promote and maintain optimal health status of patients and their families.

EXIT LEVEL COMPETENCIES SEMESTER II

I. Member of a Profession

- A. Function within the nurse's legal scope of practice and in accordance with the policies and procedures of the employing health care institution or practice.
- B. Assume responsibility and accountability for the quality of nursing care provided to patients and their families.
- C. Contribute to activities that promote the development and practice of vocational nursing.
- D. Demonstrates responsibility for continued competence in nursing practice, and develop insight through reflection, self-analysis, self-care, and lifelong learning

II. Provider of Patient-Centered Care

- A. Use clinical reasoning and established evidence-based policies as the basis for decision making in nursing practice.
- B. Assist in determining the physical and mental health status, needs, and preferences of culturally, ethnically, and socially diverse patients and their families based on interpretation of health-related data.
- C. Report data to assist in the identification of problems and formulation of goals/outcomes and patient-centered plans of care in collaboration with patients, their families, and the interdisciplinary health care team.
- D. Provide safe, compassionate, basic nursing care to assigned patients with predictable health care needs through a supervised, directed scope of practice.
- E. Implement aspects of the plan of care within legal, ethical, and regulatory parameters and in consideration of patient factors.
- F. Identify and report alterations in patient responses to therapeutic interventions in comparison to expected outcomes.
- G. Assist in the coordination of human, information, and material resources in providing care for assigned patients and their families.
- H. Implement teaching plans for patients and their families with common health problems and well defined health learning needs.

III. Member of the Healthcare Team

- A. Communicate and collaborate with patients, their families, and the interdisciplinary health care team to assist in the planning, delivery, and coordination of patient-centered care to assigned patients.
- B. Participate as an advocate in activities that focus on improving the health care of patients and their families.
- C. Participate in the identification of patient needs for referral to resources that facilitate continuity of care, and ensure confidentiality.
- D. Communicate and collaborate in a timely manner with members of the interdisciplinary health care team to promote and maintain optimal health status of patients and their families.
- E. Communicate patient data using technology to support decision making to improve patient care.

IV. Patient Safety Advocate

- A. Demonstrate knowledge of the Texas Nursing Practice Act and the Texas Board of Nursing Rules that emphasize safety, as well as all federal, state and local government and accreditation organization safety requirements and standards.
- B. Implement measures to promote quality and a safe environment for patients, self, and others.
- C. Assist in the formulation of goals and outcomes to reduce patient risks.
- D. Obtain instruction, supervision, or training as needed when implementing nursing procedures or practices.
- E. Comply with mandatory reporting requirements of the Texas Nursing Practice Act.

EXIT LEVEL COMPETENCIES SEMESTER III

I. Member of a Profession

- A. Function within the nurse's legal scope of practice and in accordance with the policies and procedures of the employing health care institution or practice.
- B. Assume responsibility and accountability for the quality of nursing care provided to patients and their families
- C. Contribute to activities that promote the development and practice of vocational nursing
- D. Demonstrates responsibility for continued competence in nursing practice, and develop insight through reflection, self-analysis, self-care, and lifelong learning

II. Provider of Patient-Centered Care

- A. Use clinical reasoning and established evidence-based policies as the basis for decision making in nursing practice.
- B. Assist in determining the physical and mental health status, needs, and preferences of culturally, ethnically, and socially diverse patients and their families based on interpretation of health-related data.
- C. Report data to assist in the identification of problems and formulation of goals/outcomes and patient-centered plans of care in collaboration with patients, their families, and the interdisciplinary health care team.
- D. Provide safe, compassionate, basic nursing care to assigned patients with predictable health care needs through a supervised, directed scope of practice.
- E. Implement aspects of the plan of care within legal, ethical, and regulatory parameters and in consideration of patient factors.
- F. Identify and report alterations in patient responses to therapeutic interventions in comparison to expected outcomes.
- G. Assist in the coordination of human, information, and material resources in providing care for assigned patients and their families.

H. Implement teaching plans for patients and their families with common health problems and well defined health learning needs.

III. Member of the Healthcare Team

- A. Communicate and collaborate with patients, their families, and the interdisciplinary health care team to assist in the planning, delivery, and coordination of patient-centered care to assigned patients.
- B. Participate as an advocate in activities that focus on improving the health care patients and their families.
- C. Participate in the identification of patient needs for referral to resources that facilitate continuity of care, and ensure confidentiality.
- D. Communicate and collaborate in a timely manner with members of the interdisciplinary health care team to promote and maintain optimal health status of patients and their families.
- E. Communicate patient data using technology to support decision making to improve patient care.
- F. Assign nursing care to unlicensed personnel based upon an analysis of patient or unit need.
- G. Supervise nursing care provided by others for whom the nurse is responsible.

IV. Patient Safety Advocate

- A. Demonstrate knowledge of the Texas Nursing Practice Act and the Texas Board of Nursing Rules that emphasize safety, as well as all federal, state and local government and accreditation organization safety requirements and standards.
- B. Implement measures to promote quality and a safe environment for patients, self, and others.
- C. Assist in the formulation of goals and outcomes to reduce patient risks.
- D. Obtain instruction, supervision, or training as needed when implementing nursing procedures or practices.



Article 8 Role Transition

Section 8.01 Vocational Nurse Role Transition Objectives

VNSG 1462 OBJECTIVES

- 1. Demonstrate proficiency in managing care for a group of patient/families.
- 2. Evaluate priority setting in nursing care for groups of patient/families.
- 3. Identify issues and problems underlying the transition from role of student to that of graduate nurse.
- 4. Determine the nurse's role in directing nursing activities of ancillary personnel.
- 5. Promote effective communication skills. Function in the role as a teacher.
- 6. Identify tasks that differentiate Vocational Nursing from Registered Nursing.

Section 8.02 Role Transition Clinical Objectives

Clinical Settings: Health Care settings in the Hill College district. Sites must be approved by the Program Director.

The following clinical objectives will be implemented utilizing designated clinical areas and ancillary personnel and selected groups of patients.

- I. Role Transition: Nursing as a member of the profession: Trends and Issues
 - A. Explore and present legislation and trends that are affecting nursing practice.
 - B. Investigate career mobility and growth opportunities in assigned agency.
 - C. Identify specific problems involving professional issues and discuss ways to alleviate, or cope with, e.g.:
 - 1. Nurse abuse/burnout
 - 2. Euthanasia
 - 3. Elective abortions
 - 4. Drug dependency
 - 5. Removal of life support systems
 - D. Identify ways that qualify assurance is being implemented in facility.
 - E. Identify methods used to prevent cross contamination in the facility.
- II. Role Transition: Provider and Coordinator of Care
 - A. Explore ways to facilitate the transition from student to vocational nurse.
 - B. Organize care for a team of patient (4-6)
 - C. Implement a plan of are for groups of patients including
 - Establishment of priority of needs.
 - 2. Incorporating ethical and legal concerns
 - 3. Administering medications safely.
 - 4. Performing skills accurately.
 - D. Analyze ways of incorporating ancillary personnel in plan of care for groups of patients.
 - E. Investigate organizations structure within assigned institution including
 - 1. Staffing patterns
 - 2. Patient acuity
 - F. Identify task/procedures that may or may not be assigned to an aide and the vocational graduate's responsibilities in that delegation of duties.

Section 8.03 Role Transition Clinical Preceptor

GOAL To prepare the student vocational nurse for transition into the graduate role

PRECEPTOR

Requirements

- 1. Must have a desire to be a preceptor.
- 2. Must be recommended by nursing service.
- 3. R.N. or L.V.N. with a current Texas License.
- 4. A minimum of one year of clinical practice (preferred).
- 5. A minimum of three-six months of employment at current hospital.
- 6. Must be clinically knowledgeable in area of practice.
- 7. Must be functioning in direct/indirect patient care.
- 8. Willing to share responsibilities for student supervision.

Goal

- 1. Provide clinical supervision and support for the vocational nursing student involved in role transition.
- 2. Assist in increasing the student's capabilities and competencies.
- Decrease the anxiety of the student experiencing transition to graduate vocational nurse.

Responsibilities

- 1. Receives letter from faculty describing functions and responsibilities.
- 2. Meets with nursing student to:
 - a. Assess level of functioning
 - b. Identify specific learning needs
 - c. Provides ongoing feedback to the student
- 3. Plans and makes assignment for assigned vocational nursing student.
- 4. Notifies clinical instructor as necessary.
- Evaluates student at the completion of role transition.
- Retains total responsibility for patient care.

CLINICAL INSTRUCTOR

Responsibilities

- 1. Serves as liaison for the nursing units, preceptor, and vocational nursing student in the development and implementation of role transition.
- 2. Available to preceptor to discuss nursing student's performance during role transition.

Section 8.04 Role Transition Forms

Clinical Preceptor Data Sheet and Agreement

Role Transition Evaluation

Role Transition Schedule/Goals

COLLEGE

ONAL

Name of the second of the

Article 14: Forms

The forms on the following pages need to be printed out, signed, and turned in on the 1st class day.

Community Service form and Verification are for use when completing your community service.





Clinical Preceptor Data Sheet and Agreement

Name:		
Position/Title:		
Address:		
Phone: Work	Home	Unit
Scholastic Background	Dograd	Data of Completion
College or University	Degree	Date of Completion
Graduate/Professional School		
Graduate/F10lessional School		
Professional Organizations:		
Certification: Yes [] in		No []
I, Nursing Students.	, agree to be a prece	eptor for the Hill College Vocational
Signature	Date	



VNSG 1462 Role Transition Evaluation

Student	Date
Preceptor	Hospital
profession. The nursing process (assessment	g roles: Provider, manager, and member within the , planning, implementation, and evaluation) is t regarding the strengths/weaknesses of the student
Objectives	Comments: Strengths & Weaknesses
The Stude	nt: Provider
1. Assesses the learning needs manifested by patients. Assesses level of understanding and compliance.	
2. Instructs patients regarding health needs and/or disease process including possible alterations in lifestyle and/or treatment regimes.	
3. Instructs patients regarding procedures, surgery, tests, examinations, prior to administering treatments or placing them in isolations, etc.	
4. Documents teaching and effectiveness of teaching.	
5. Completes a thorough, accurate assessment and history and documents in chart.	
6. Plans nursing actions which will reduce physical and emotional problems for patients.	
7. Delivers individualized care for patients. Provides a worm, caring attitude toward patients.	



Objectives	Comments: Strengths & Weaknesses
8. Assists in initiating a discharge plan at the time of a patient's admission.	
9. Evaluates nursing care plan and revises when indicated.	
10. Demonstrates knowledge of procedures by performing skills according to the standard nursing practice.	
11. Administers care within an ethical/legal framework. Promptly reports any accident, incident, or error according to rule and completes written incident report form.	
12. Administers prescribed medications for assigned patients. Takes appropriate action for questionable medication orders by checking with preceptor, pharmacists, or physician.	
13. Maintains accurate narcotic count and records with preceptor.	
14. Maintains effective communication with patients.	
15. Utilizes appropriate lines of authority in clinical settings.	
16. Documents all pertinent observations, assessments, care and treatments in the patient's medical record.	
17. Keeps preceptor informed of problems on the unit. Reports changes in patient's condition to preceptor.	



Objectives	Comments: Strengths and Weaknesses
18. Informs oncoming nurse of significant events,	
nursing measures, and observations. Gives	
complete accurate and pertinent report at change	
of shift.	
The Studer	nt: Manager
1. Sets priorities in the care of a group of	
patients/families.	
2. Organizes care for a group of patients. Able	
to complete care for a group of patients.	
3. Functions as a member of the health care	
team.	
4. Collaborates with co-workers. Establishes	
rapport with co-workers. Maintains a spirit of	
team work.	
5. Communicates with ancillary departments in	
a courteous and professional manner.	
The Student: Memb	per of the Profession
1. Seeks assistance when recognizing limitations	
in delivering care.	
Incorporates new experiences to enhance	
learning.	
rearring.	
3. Investigates unfamiliar medications, routines,	
treatments, etc.	
Maintains flexibility and adaptability when	
situations/assignments change.	
Stead only assignments ondrige.	



Objectives	Comments: Strengths & Weaknesses
5. Demonstrates acceptance of own responsibility and accountability for decisions made.	
6. Conducts self in a professional manner. Maintains professional appearance and promptness.	
7. Establishes and achieves personal goals.	
Comments:	
List dates and times worked with preceptor. (Must	t total at least 72 hours)
Preceptor Signature	Date
Student Signature	Date



VNSG1462

Role Transition Schedule/Goals

Name o	f student							
Home P	hone #	<u> </u>			Alternate	Phone #		
Name o	f Hospital/A	gency						
Phone N	Number of H	ospital/	Agency				Ext	
Name o	f Preceptor							
Area As	signed							
			:	Schedule (Mu	st be 72 ho	urs)		
	Day	/		Shift		Day		Shift
Day 1					Day 6			
Day 2					Day 7			
Day 3					Day 8			
Day 4					Day 9			
Day 5					Day 10			
	dentify at le	east fou	r goals yo	u want to acc	omplish du	ring your pr	eceptors	hip:
1.								
2.								
3.								
4.								

Copy to: Preceptor and Clinical Instructor.

^{*}Must be completed and turned in no later than last lecture day.



Role Transition Attendance Verification

Time								
Date	Arrival	Leave	Nurse/Director	Comments				
Date	Airivai	Leave	Nui se/ Director	Comments				



Student Agreement

To all Vocational Nursing students, this handbook is being provided to you for your clinical rotation. Enclosed you will find the objectives/evaluations you will be using during your Clinical I Practical Nurse, Clinical II Practical Nurse, and Clinical III Practical Nurse rotations.

You will find the following clinical paperwork enclosed in this book (you will need to make more than one copy as needed):

- 1. Format for Pathophysiology
- 2. Nursing process priorities
- 3. Care Map
- 4. Drug Cards
- 5. Process for teaching plans
- 6. Nursing Assessment Clinical Data Sheet

- 7. Adult Database
- 8. Weekly Skin Assessment
- 9. Labor Assessment Data Base
- 10. Pediatric Assessment Data Base
- 11. Newborn Assessment Data Base
- 12. Postpartum Assessment Data Base

You will find the following objectives enclosed in this book:

- 1. Autopsy
- 2. Cardiac Cath Lab
- 3. Davcare
- 4. Dialysis
- 5. Emergency Department
- 6. Family Medicine/Physician clinic
- 7. Hepatitis C Clinic
- 8. Home Health/Hospice
- 9. Infection Control

- 10. Jail/Correctional Objectives
- 11. Labor/Delivery
- 12. Laboratory
- 13. Leadership14. NICU/ICU/CCU
- 15. Nursery
- 16. OB/GYN Clinic
- 17. Observation Unit
- 18. Outpatient/Day surgery /Endoscopy

- 19. Pain Clinic
- 20. Pediatrician Office
- 21. Physical Therapy/OT/ST
- 22. Radiology
- 23. Recovery Room
- 24. Respiratory Therapy
- 25. School Nurse
- 26. Surgery
- 27. WIC Women's, Infants, Children's Clinic

You will find the following general clinical information enclosed in this book:

- 1. Unsafe Students
- 2. Process reading
- 3. Communication Tools and Blocks
- 4. Therapeutic Communication
- 5. Supervision of Medication Administration/IV Medications
- Procedure of Heparin lock insertion and Medication Administration

- 7. Potential of Actual Medication Error form
- 8. Descriptive terms commonly used in charting
- 9. Skills allowed to perform in clinical setting
- 10. Attendance Verification Sheet (copy and use for Specialty area rotations)
- 11. Semester I Exit Competencies
- 12. Semester II Exit Competencies
- 13. Semester III Exit Competencies

I have read the above and have received a copy of this student agreement. I acknowledge that it will be my responsibility to read and familiarize myself with this clinical handbook and bring it with me when I attend clinical as required. I acknowledge that I must complete the exit competencies for each semester before being allowed to progress to the next level. I further acknowledge that I must have copies of clinical paperwork as needed.

Student Signature	Date



Clinical Information Acknowledgement

- All students will be scheduled for a clinical evaluation at the end of each semester. If the student is not present for his/her scheduled clinical evaluation or fails to sign the form he/she will be given an incomplete and will not be able to progress to the next level.
- 2. All students need to be aware it is part of their responsibility, as student vocational nurses, to seek out new learning potentials in the clinical areas. The student vocational nurse must recognizing their own strengths and weaknesses to improve or enhance their potential to learn from the experiences at all clinical sites and all clinical instructors.
- 3. Clinical grading rule:

90-100% - superior completion of clinical objectives 80-89% - above average completion of clinical objectives 75-79% - average completion of clinical objectives <75% - failure to meet minimal clinical requirements

- 4. The Hill College nursing department strives to maintain consistency in the material used so students learn all information needed to be competent student nurses', however; the student needs to be aware that not all instructors grade exactly the same. In the clinical setting there are different requirements for the various facilities i.e. Med/Surg related paperwork would not be exactly the same as OB or Pedi. Each facility will have different rules and regulations regarding what they require in the charts, it will enhance your learning experience to be exposed to the various ways of charting or the required paperwork assigned for that particular area.
- 5. If the student is going to be absent it is the students' responsibility to call in appropriately. The process for calling in appropriately is as follows:

Call Mrs. Grimland or designated clinical instructor before 6AM. If unable to call either of the above call the Hill College Nursing Department (817) 760-5921 before 6:00 am or 254-659-7920 and leave a voice mail message

I acknowledge that I have read and understand the copy of this form.	ne above information. I have received a
Student Signature	 Date



Addendum to Clinical/Classroom Rule

The following are not allowed within any clinical facil	ity:
1. Cell phones	
2. Beepers	
3. Incoming or outgoing personal phone calls	unless emergency
4. Use of patients' telephone for personal use	•
The following are not allowed in the nursing classroom	om:
1. Cell phones	
2. Beepers	
I,, aclunderstand the above rule. I further acknowledge document.	knowledge that I have read and that I have received a copy of this
Student Signature	Date



Unsafe Student Acknowledgement Unsafe Students or Students with Unethical Issues

Maintaining client safety is the overriding principle in clinical practice. Nursing faculty has the responsibility to ensure that students are providing safe care. Nursing students must function at the expected clinical level as stated in the course objectives and clinical evaluation forms. Unsafe behavior is the failure to perform in the manner that any prudent student nurse, at the same level of preparation, would perform in a particular clinical situation. Nursing faculty have the responsibility to identify student conduct and performance in the academic and/or clinical area that are unsafe, unethical, and/or unprofessional, take immediate corrective action, and provide remediation contracts, if appropriate. Any faculty that perceives a student is unsafe will take immediate corrective action, document the incident fully, and refer the student to the program director and the Incident Review Committee (which will consist of: 1 faculty member from each VN program, EMS director, 1 academic faculty and the VN coordinator, ADN coordinator, Director of Nursing) for evaluation. The Incident Review Committee will then review all documentation, including student's comments, to make a determination on possible remediation contract or dismissal from the nursing program.

Unsafe behavior includes, but is not limited to:

- Being under the influence of drugs or alcohol.
- Failure to use Standard precautions at all times.
- Failure to apply basic safety rules, such as leaving side rails down on beds and cribs.
- · Failing to report an abnormal finding.
- Being unable to make sound judgments due to adversely affected thought processes and decision-making.
- Attending clinical with a possibly communicable infectious process.
- Failure to follow the five rights while administering medications.
- And any other action or failure to act that would jeopardize client safety.

Duty of the Nurse to Report

Nursing Educational Programs have the duty to report:

- Impairment or likely impairment of the student's practice by chemical dependency.
- Impairment or likely impairment of the student's practice by mental illness.
- Information related to criminal convictions.

I have read the above and have received a copy of the rule for unsafe students. I acknowledge that by my signature below understand the above rule and will abide by it. I further acknowledge that the above rule applies to all three levels of the Clinical Practicum in the vocational nursing curriculum.

Student	Date	



SKILLS ALLOWED TO PERFORM IN CLINICAL SETTING

Skills	Write in the date and have clinical instructor initial. EX: $\frac{1-4}{KC}$								
1. NGT									
Feeding **									
Insertion ***									
2. Bedmaking *									
3. Handwashing *									
4. Gowning/Gloving ***									
5. ROM *									
6. Restraints **									
7. Bath/Personal Care *									
8. Pt. Positioning/Transfer *									
9. CPR *									
10. VS/Neuro Signs *									
11. Documentation ***									
12. I & O *									
13. Urinary Cath Insertion ***									
14. Urinary Collection									
DC Foley**									
Clean Catch*									
Catheter**									
1 & O*									
15. Bowel Elim.									
Fecal Impaction**									
Enemas**									
Occult Blood Test*									
Colostomy									
Bag Changes**									
Emptying**									
16. Pt. Physical Assessment*									
FSBS **									



SKILLS ALLOWED TO PERFORM IN CLINICAL SETTING

17. Wound Care Dressing Changes ** 18. Nasopharynix Suction ** 19. Trach Care ** Suctioning ** 20. Drains Emptying & Removal ** Hemovac J-P Penrose 21. Chest Tubes Monitoring ** Milking ** 22. Sutures Monitoring/Removal ** Staples 23. Packing Monitoring/Removal ** Wound Vaginal Rectal 24. SCD / AV Boots CPM Application ** 25. Medication Admin. Oral ** Rectal SL Vaginal Inhalers Nasal



SKILLS ALLOWED TO PERFORM IN CLINICAL SETTING

***Supervised by instruc	tor each t	time	** At in	structor	s discre	tion *	Can pe	erform in	depend	ently 1	1 /	1 -
Еуе												
Ear												
Patches												
NGT												
Parenteral												
ID												
SQ												
IM												
IV/PIGs												
Insertion ***												
Changing Bags **												
Changing Tubing **												
Pump/Monitor **												
IV to SL **												
IV to DCSL**												
Inhalation Therapy **												
Perform Leopold Maneuver**												
Assess FHT **												
NB Assessment **												
NB Care												
Cord**												
Circumcision **												
Vitamin K ***												
Eye Care **												
Measure/Weigh**												
Bath**												
Bulb-Syringe Suction**												
26. Observed												
Vag delivery												
C-sect delivery												



Patient Documentation

Pt. Initials	_Room _	Primary Nurse	Dr	Student Nurse	
Dx:					
Allergies:					
Medications					Times
Vital Signs:	T	Р	R	BP	
	. T	<u>.</u> Р	R	BP	
AM Shift					
Report:					
Meds Ck MAR &	DO			hart last 24 hr	
General Ck Pt Notify Nurse of A	ecian		VS Listen to re	oport	
Meal served fed F			Bath/ADL'		
Linen changed			Head to to		
Soap note check			I&O Comp		
V check Q2 Hr				complete	
Complete Soap N	lote		Report to	Nurse	

Soap notes



Appearance Rule Acknowledgment

The following statement must be signed, dated and returned.

By my signature below, I acknowledge that I have received, read and understand the requirements set forth by the <u>Appearance Rule</u>. I also confirm by my signature that I agree to comply with the Hill College Standards for Personal Appearance.

Potential Student Signature	
Printed Name	
 Date	-



Date

Rules and Regulation Agreement

I hereby certify that I have read the rules and regulations for the Vocational Nursing Program at Hill College. In addition, I certify that the said rules and regulations have been verbally explained to me.
I certify that I fully understand the rules and regulations and that I will abide by said rules and regulations.
I understand that completion of the Hill College Vocational Nursing Program will not assure my passing any state board examination for licensure.
Signature of Student



Potential or Actual Incident Report

To be filled out by instructor:		
Date:	Clinical area	
Student's name:		
Nature of error:		
Description of Incident: (To be fille		
How can I prevent a recurrence?		
Student Signature		Date
Instructor Signature		Date



Hill College is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award the associate degree. Contact the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Hill College.