



Athletic Trainer Associate of Arts

Program Summary Associate of Arts

If you are interested in sports, coaching, or athletic training, pursuing a degree in kinesiology is a great way to further your career. This program is geared toward those who love sports and want to help athletes achieve their highest potential. The Kinesiology Program provides a foundation to further your career at a four-year institution in sports management, athletic training, and coaching.

AA 5041 Athletic Trainer Associate of Arts		60 Hours	TSI Required
Required Core Courses (44 hours)			
Course	Title	Credit Hours	
BCIS 1305	Business Computer Applications	3	
BIOL 2401	Anatomy & Physiology I	4	
BIOL 2402	Anatomy & Physiology II	4	
ENGL 1301	Composition I	3	
ENGL 1302	Composition II	3	
GOVT 2305	Federal Government	3	
GOVT 2306	Texas Government	3	
HIST 1301	United States History I	3	
HIST 1302	United States History II	3	
SPCH 1315	Public Speaking	3	
	Creative Arts*	3	
	Language, Philosophy and Culture*	3	
	Mathematics*	3	
	Social and Behavioral Science*	3	

Electives Courses (16 Hours)		
Course	Title	Credit Hours
PHED 1113	Athletic Training I	1
PHED 1129	Athletic Training II	1
PHED 2113	Athletic Training III	1
PHED 2129	Athletic Training IV	1
PHED 1301	Foundations of Kinesiology	3
PHED 1304	Personal/Community Health I	3
PHED 1338	Concepts of Physical Fitness	3
PHED 2356	Care & Prevention of Athletic Injuries	3

*See Core Curriculum for course options



Science, Technology, Engineering & Mathematics



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Year 1: Semester 1

Course	Semester Credit Hours
BCIS 1305 Business Computer Applications	3
ENGL 1301 Composition I	3
HIST 1301 United States History I	3
PHED 1113 Athletic Training I	1
PHED 1301 Foundations of Kinesiology	3
SPCH 1315 Public Speaking	3
Total	16

Year 1: Semester 2

Course	Semester Credit Hours
ENGL 1302 Composition II	3
HIST 1302 United States History II	3
PHED 1129 Athletic Training II	1
PHED 1304 Personal/Community Health I	3
Creative Arts*	3
Mathematics*	3
Total	16

Year 2: Semester 1

Course	Semester Credit Hours
BIOL 2401 Anatomy & Physiology I	4
GOVT 2305 Federal Government	3
PHED 1338 Concepts of Physical Fitness	3
PHED 2113 Athletic Training III	1
Language, Philosophy and Culture*	3
Total	14

Year 2: Semester 2

Course	Semester Credit Hours
BIOL 2402 Anatomy & Physiology II	4
GOVT 2306 Texas Government	3
PHED 2129 Athletic Training IV	1
PHED 2356 Care & Prevention of Athletic Injuries	3
Social and Behavioral Science*	3
Total	14

*See Core Curriculum for course options