

WEEK 1 Fall Semester 2025

BREAKFAST

<u>Required Menu Components</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>Saturday</u>	<u>Sunday</u>
Hot Cereal Scrambled Egg 1 Scrambled Egg 2 Br Pizza or Eggs/Omelets Biscuit & Gravy Breakfast Starch Breakfast Entrée Breakfast Meat Pastry	Waffle Bar Scrambled Eggs	Oatmeal Scrambled Eggs	Shredded Wheat Egg Station	Waffle Bar Omelette Station	Grits Scrambled Eggs	No Breakfast Served	No Breakfast Served
	Biscuits and Gravy Hashbrowns Pig in Blanket Bacon/Sausage Links Danish	Biscuits and Gravy Tator tots French Toast Sausage/ Ham Cinnamon Rolls	Biscuits and Gravy Fried Potatoes Breakfast Burritos Sausage and Bacon Donuts	Biscuits and Gravy Tator tots Waffles Sausage Links Danish	Biscuits and Gravy Shredded Hashbrowns Pancakes Bacon Banana or Blueberry Muffin		
	Beverage Station, Waffle Station, Cereal Station, Toaster Station Assorted Breads/Rolls/Bagels Yogurt Bar, Whole Fruits, Sliced Fresh Fruit, Condiment Corner						



LUNCH

<u>Required Menu Components</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>!Weekend Wind Down!</u>	
Soup 1 Soup 2	Beef Vegetabnl	Chicken Tortilla Soup	Chicken and dumplings	Egg Drop Soup	Chicken Noodle		
Solid Entrée 2nd Entrée/Casserole Starch/Side Vegetable 1 Vegetable 2 Other Non Mandatory Add	BBQ Brisket Pulled Pork Steak Fries Baked Beans Corn On Cob	Chicken Fajitas Steak Fajita Spanish Rice Charro Beans Grilled Vegetables	Shrimp or Ckn Stir Fry Egg Rolls Steamed Rice Lo mein Asain Medley	CFS CFC Mashed Potatoes Corn Green Beans	Fried Fish Popcorn Shrimp Husppies Buttered Corn Prince Edward Blend	Fritata Sausage Link Biscuits & Gravy Hashbrown Patties Waffle Bar	Omelette Station Sausage & Bacon Tater Tots Biscuits & Gravy Waffle Bar
Side Bar Entrée Side Bar Side	Side Bar Burgers Fries	Side Bar Nacho Bar	Side Bar Mc Rib Potato Chips	Side Bar Burgers Fries	Side Bar		
	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar		
Dessert 1 Dessert 2 Dessert 3	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts		
	Beverage Station, Waffle Station, Cereal Station, Hot Rolls, Fresh Fruit, Salad Bar, Deli Bar, Condiment Corner						



DINNER

<u>Required Menu Components</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>
Soup 1 Soup 2	Beef Vegetabnl	Chicken Tortilla Soup	Chicken and dumplings	Egg Drop Soup	Chicken Noodle		
Solid Entrée 2nd Entrée/Casserole Starch/Side Vegetable 1 Vegetable 2 Other Non Mandatory Add	Cajun Shrimp Blackened Chicken Breast Broccoli Rice Casserole Buttered Potatoes Green Beans	Crispitos Burritos Mexican Rice Refried Beans Chuckwagon Corn	Roasted Pork Loin Chicken Spaghetti Rice Pilaf Mixed Vegetables Spinach	Spaghetti w/ Meatballs Chicken Alfredo Roasted Potatoes California Blend Broccoli	Corn Dogs Hamburgers Fries Brussel Sprouts Fried Okra	Chicken Pot Pie Beef Mac n Chz White Rice Peas Baked Beans	Chili Roasted Chicken Pinto Beans Squash Broccoli
Side Bar Entrée Side Bar Side	Side Bar	Side Bar	Side Bar	Side Bar	Side Bar	Side Bar	Side Bar
	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar	Dessert Bar
Dessert 1 Dessert 2 Dessert 3	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
	Beverage Station, Waffle Station, Cereal Station, Hot Rolls, Fresh Fruit, Salad Bar, Deli Bar, Condiment Corner						

WEEK 2 Fall Semester 2025

BREAKFAST

<u>Required Menu Components</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>Saturday</u>	<u>Sunday</u>
Hot Cereal Scrambled Egg 1 Scrambled Egg 2 Br Pizza or Eggs/Omelets Biscuit & Gravy Breakfast Starch Breakfast Entrée Breakfast Meat Pastry	Waffle Bar Scrambled Eggs	Oatmeal Scrambled Eggs	Hot Cereal Egg Station	Waffle Bar Omelette Station	Grits Scrambled Eggs	No Breakfast Served	No Breakfast Served
	Biscuits and Gravy Hashbrowns Pig in Blanket Bacon/Sausage Links Danish	Biscuits and Gravy Tator tots French Toast Sausage Patty Cinnamon Rolls	Biscuits and Gravy Fried Potatoes Breakfast Burritos Sausage and Bacon Donuts	Biscuits and Gravy Tator tots Waffles Sausage Links Danish	Biscuits and Gravy Shredded Hashbrowns Pancakes Bacon Banana or Blueberry Muffin		
			Beverage Station, Waffle Station, Cereal Station, Toaster Station Assorted Breads/Rolls/Bagels Yogurt Bar, Whole Fruits, Sliced Fresh Fruit, Condiment Corner				



LUNCH

<u>Required Menu Components</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>!Weekend Wind Down!</u>	<u>!Weekend Wind Down!</u>
Soup 1 Soup 2 Solid Entrée 2nd Entrée/Casserole Starch/Side Vegetable 1 Vegetable 2 Side Bar Entrée Side Bar Side Dessert 1 Dessert 2 Dessert 3	Minestrone	Chicken Tortilla Soup	Vegetable	Chicken Noodle	Tomato Basil	Fritata Sausage Link Biscuits & Gravy Hashbrown Patties Waffle Bar	Omelette Station Sausage & Bacon Tater Tots Biscuits & Gravy Waffle Bar
	<u>Entrée Line</u> Chicken Strips Glazed Ham Mashed Potatoes Spinach Corn	<u>Entrée Line</u> Garlic shrimp w/ Rice Beef Goulash Fries Prince Edward Blend Cheesey Broccoli	<u>Entrée Line</u> Beef Lasagna Chicken Parmesan Scalloped Potatoes Sweet Peas Cape Cod Blend	<u>Entrée Line</u> Pizza 4 Variety Garlic toast Italian Green Beans Italian Medley	<u>Entrée Line</u> Chicken Spaghetti Sausage Alfredo Sliced Potatoes Corn Veggie Blend		
	<u>Side Bar</u> Burgers Waffle Fries	<u>Side Bar</u> Hotdogs Tator tots	<u>Side Bar</u> Chicken Nuggets Sweet Potato Fries	<u>Side Bar</u> Cheese Sticks Marinara Sauce	<u>Side Bar</u>		
	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>		
	Assorted Desserts	Happy Birthday Cake	Assorted Desserts	Assorted Desserts	Assorted Desserts		
			Beverage Station, Waffle Station, Cereal Station, Hot Rolls, Fresh Fruit, Salad Bar, Deli Bar, Condiment Corner				

DINNER

<u>Required Menu Components</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>
Soup 1 Soup 2 Solid Entrée 2nd Entrée/Casserole Starch/Side Vegetable 1 Vegetable 2 Side Bar Entrée Side Bar Side Dessert 1 Dessert 2 Dessert 3	Minestrone	Chicken Tortilla Soup	Vegetable	Chicken Noodle	Tomato Basil	Chicken and Dumplings Baked Ham Mashed Potatoes Fried Squash Broccoli	Ravioili Southwest Chicken Mashed Potatoes Veggie Blend Green Beans
	Pork Chops Grilled Chicken Potato Salad Ceamed Spinach Black Beans	Citrus Cod Chili Lime Chicken Hushpuppies Coleslaw Baked Beans	Meatball Subs Chicken Marsala Pasta Salad Fried Pickles Veggie Blend	Chicken Wings Pork Patties Fries Cauliflower Zucchini	Burger Egg Rolls Chicken Bacon Ranch Pasta Baked Potatoes Carrots Veggies Blend		
	<u>Side Bar</u>	<u>Side Bar</u>	<u>Side Bar</u>	<u>Side Bar</u>	<u>Side Bar</u>	<u>Side Bar</u>	<u>Side Bar</u>
	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>	<u>Dessert Bar</u>
	Assorted Desserts	Happy Birthday Cake	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts	Assorted Desserts
			Beverage Station, Waffle Station, Cereal Station, Hot Rolls, Fresh Fruit, Salad Bar, Deli Bar, Condiment Corner				

WEEK 3 Fall Semester 2025

BREAKFAST

<u>Required Menu Components</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>Saturday</u>	<u>Sunday</u>
Hot Cereal Scrambled Egg 1 Scrambled Egg 2 Br Pizza or Eggs/Omelets Biscuit & Gravy Breakfast Starch Breakfast Entrée Breakfast Meat Pastry	Waffle Bar Scrambled Eggs Breakfast Burritos Pancakes Home Fries Bacon/Sausage Links Danish	Oatmeal Scrambled Eggs Sausage or Bacon Biscuits Hashbrowns French Toast Sausage Patty Cinnamon Rolls	Shredded Wheat Egg Station Biscuits and Gravy French Toast Breakfast Burritos Sausage and Bacon Donuts	Waffle Bar Omelette Station Biscuits and Gravy Tator tots Waffles Sausage Links Danish	Grits Scrambled Eggs Biscuits and Gravy Shredded Hashbrowns Pancakes Bacon Banana or Blueberry Muffin	No Breakfast Served	No Breakfast Served
			Beverage Station, Waffle Station, Cereal Station, Toaster Station Assorted Breads/Rolls/Bagels Yogurt Bar, Whole Fruits, Sliced Fresh Fruit, Condiment Corner				



LUNCH

<u>Required Menu Components</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>!Weekend Wind Down!</u>	
Soup 1 Soup 2 Solid Entrée 2nd Entrée/Casserole Starch/Side Vegetable 1 Vegetable 2	Minestrone <u>Entrée Line</u> Orange Chicken Sweet Sour Shrimp Rice Egg Roll Oriental Blend <u>Side Bar</u> Lo Mein Rangoon <u>Dessert Bar</u> Assorted Desserts	 Chicken Tortilla Soup <u>Entrée Line</u> Chicken Enchiladas Beef Enchiladas Spanish Rice Black Beans Fiesta Corn <u>Side Bar</u> Nachos  <u>Dessert Bar</u> Assorted Desserts	Vegetable Soup <u>Entrée Line</u> Monterrey Chicken Chopped Steak Scalloped Potatoes Winter Blend Glazed Carrots <u>Side Bar</u> Corn Dogs Curly Fries <u>Dessert Bar</u> Assorted Desserts	Chicken Noodle <u>Entrée Line</u> CFS CFC Mashed Potatoes Corn Green Beans <u>Side Bar</u> Baked Potato Bar  <u>Dessert Bar</u> Assorted Desserts	Tomato Basil <u>Entrée Line</u> Chicken Strips Philly sliders Curly Fries Corn on the Cob Veggie Blend <u>Side Bar</u>  <u>Dessert Bar</u> Assorted Desserts	Omelette Station Sausage Link Biscuits & Gravy Hashbrown Patties Waffle Bar	Egg Station Sausage & Bacon Tater Tots Biscuits & Gravy Waffle Bar
Side Bar Entrée Side Bar Side Dessert 1 Dessert 2 Dessert 3			Beverage Station, Waffle Station, Cereal Station, Hot Rolls, Fresh Fruit, Salad Bar, Deli Bar, Condiment Corner				

DINNER

<u>Required Menu Components</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>	<u>Soup's Up</u>
Soup 1 Soup 2 Solid Entrée 2nd Entrée/Casserole Starch/Side Vegetable 1 Vegetable 2	Beef Vegetabnlle Meatloaf Chicken Spaghetti Loaded Mashed Potatoes Squash and Zucchini Normandy <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts	Chicken Tortilla Soup Cajun Honey Chicken Jambalya Mac N Chz Baked Beans Veggie Blend <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts	Chicken and dumplings Jerked Chicken Jerked Shrimp Rice Pilaf Grilled pineapple and peppers Prince Edward Blend <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts	Egg Drop Soup Ham and cheese sliders Buffalo Pasta Roasted Potato Wedges Veggie Blend Ranch Style Beans <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts	Chicken Noodle Honey Cajun Pork Loin Ckn Bacon Ranch Pasta Red Potatoes Veggie Blend Southwest Black Beans <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts	Chopped Steak Honey Ham Mashed Potatoes Asparagus Veggie Blend <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts	Ckn Pot Pie Shepards Pie STEAK Fires Carrots California Blend <u>Side Bar</u> <u>Dessert Bar</u> Assorted Desserts
Side Bar Entrée Side Bar Side Dessert 1 Dessert 2 Dessert 3							
			Beverage Station, Waffle Station, Cereal Station, Hot Rolls, Fresh Fruit, Salad Bar, Deli Bar, Condiment Corner				

THURSDAY



BRUNCH



Soup's Up

